

Workshop Schedule

8:30 - 9:00	Registration
9:00 - 9:10	Welcome Introductions Opening remarks
9:10 - 10:30	How to have a Terrific Life With Your Stuttering This highly interactive warm-up session will show you how to lead a very successful life in spite of your stuttering. Sound impossible? It's not!!
10:30 - 12:00	The Story of the Golden Key Explore your attitudes about stuttering, ourselves and interactions with other people. We'll break up into small groups to give everyone a chance to share.
12:00 - 1:00	LUNCH
1:00 - 2:30	Chicken and Alligators "How to facilitate a wildly successful NSA meeting."
2:30 - 3:30	How to Talk With Other People About Stuttering In this session, learn how to talk to people and teach them about stuttering—what it is, and what it isn't.
3:30 - 5:00	Open Mike and Closing Remarks
5:00	Adjourn

Dinner out to follow for those who would like to attend!!

Directions

The Marvin Center is within walking distance of the George Washington University campus in Washington, DC. It is Metro-accessible via mass transit, the closest station being Foggy Bottom-GWU, served by the Metro's Orange and Blue Lines.

Points NORTH of Washington via I-95 (Baltimore):

Follow I-95 to exit #27, which is the Capital Beltway, I-495 west toward Silver Spring. Follow the signs for the Metro to the Silver Spring station. Take the Red Line toward Shady Grove to Metro Center, switch at Metro Center onto the Orange Line toward Vienna-Fairfax/GMU. Go three stops to Foggy Bottom.

Points SOUTH of Washington via I-95: Depending how far south you are, any one of the stations on the Blue Line (Franconia-Springfield, Van Dorn, King Street, or Braddock Road) can get you to Foggy Bottom. Take the Blue Line all the way to Foggy Bottom.

Points WEST of Washington (I-66): Take I-66 to any of the stops on the Orange Line (Vienna-Fairfax/GMU, Dunn-Loring/Merrifield, West Falls Church/VT/UVA) and stay on the Orange Line to Foggy Bottom.

Points EAST of Washington: (Route 50): Take Route 50 to the junction with the Capital Beltway toward Greenbelt. Greenbelt is the first Metro station you'll come to. Take the Green Line at Greenbelt to Gallery Place-Chinatown. Switch here to the Red Line toward Shady Grove. Go one stop to Metro Center, switch to onto the Orange Line toward Vienna-Fairfax/GMU. Go three stops to Foggy Bottom.

Hotels: It is our aim to make this workshop a day-long event, in case NSA teammates wish to attend and go home. However, we also recognize that some attendees may want to stay overnight. If you wish to do so, we ask (not required) that you stay as close to the GWU campus as possible for easy access to mass transit. Key areas to consider, since staying in the District is very expensive, include Arlington County, Va. (Arlington proper, Rosslyn, Clarendon, Crystal City, Pentagon City, even near Reagan National (DCA) is close.

**SEND IN THIS FORM TO RESERVE YOUR PLACE
NOW: SPACE IS LIMITED.**

For more information about the
Workshop, contact:
Jerome Mortman at
jerome_mortman@yahoo.com
or Steven Kaufman at
NewSnstn943@aol.com

Register online at www.WeStutter.org - or -

Detach this form and mail it along with your check to:

National Stuttering Association
119 W. 40th Street, 14th Floor
New York, NY 10018

Please reserve a space for me at the upcoming workshop, "SUCCESSFUL STUTTERING — IT'S TIME TO LIVE!"

My check for \$ _____ is enclosed.

Name: _____

Address: _____

City: _____

State/Zip: _____

Phone: _____

Email address: _____

**MAKE CHECKS PAYABLE TO:
THE NATIONAL STUTTERING ASSOCIATION**

About the Workshop

Have you ever wondered what life would be like if you could embrace your stutter instead of running away from it? Do you want to find out how to take back the stranglehold your speech has on you, and give that power to you? This is the perfect opportunity to find out how to make this happen. In this workshop, sponsored by the National Stuttering Association in conjunction with the George Washington University chapter of the National Student Speech Language Hearing Association (NSSLHA), Russ Hicks, a longtime member of the National Stuttering Association, former chapter leader of the Dallas region, and a distinguished Toastmaster several times over, can help you find the hidden strength to make your life what you want it to be, and never let your speech stop you. In this engaging, educational and inspirational workshop, you'll be challenged, pushed, and come out confident to pursue your goals. Through a series of fun and interactive exercises, you'll find out what being a "successful stutterer" is all about!

Workshop Fees—online or snail mail:

- Member: \$25 prepaid or \$30 at the door.
- Non-member: \$35 prepaid or \$40 at the door.
- Students: \$15 prepaid or \$20 at the door. Scholarships are available.

Non-members can join the NSA for \$30 (\$10 savings) and pay the prepaid price of only \$25. **This is a tremendous savings!**

Russ Hicks is a retired computer systems technical consultant for Texas Instruments. He is a past President of the Dallas Chapter of the National Stuttering Association. Russ is also a member of Toastmasters, where he has held a variety of offices and has won numerous speaking contests. He is also the current webmaster for the NSA.



National Stuttering Association
119 W. 40th Street, 14th Floor
New York, NY 10018

Successful Stuttering: It's Time to Live!!

HOSTED BY THE
MARYLAND CHAPTER
OF THE
NATIONAL STUTTERING ASSOCIATION
ALONG WITH
THE STUDENT CHAPTER OF THE
NSSLHA
AT GEORGE WASHINGTON
UNIVERSITY

Facilitated by:
Russ Hicks

**Saturday
May 30, 2009**

8:30 AM to 5:00 PM

**Workshop location:
Washington D.C.**

The Marvin Center
800 21st Street, NW
20052