

*National Stuttering Association
Annual Conference
June 2006*

Saturday night Banquet/Live Auction

Teen Teaming event

Pool Party

First Timers Gathering

Thursday night opening Reception

Westin Long Beach

333 East Ocean Blvd

Long Beach, CA 90802

562-439-3000



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Welcome Messages

Co-Chairmen Michael McDuffie and Joseph Diaz

On behalf of the Board of Directors of the National Stuttering Association, we would like to welcome you to NSA 2006. If this is your first conference you will experience an event unlike anything you have ever imagined. In many ways you may find these next few days will be the "first" days of the rest of your life. For those of you returning for your second, fourth, tenth, or fifteenth conference, we say welcome back good friends.

During the next four days we will come together as a closely-knit community of adults, children, families, and friends who share stuttering as a common bond. We will be educated, motivated, and challenged. We will be moved as we listen to the stories of our comrades and as we share our own stories... perhaps for the first time.

We will extend a helping hand or shoulder to those in need. We will look at the children and marvel at their great courage. We will be reminded by the many people around us that life can be as rewarding and successful as we choose it to be. We will have great fun!

Most of all, though, we will realize once again that we belong to a very special community of caring individuals who understand exactly what it is to stutter and we will remember how important it is to be a part of that community.

NSA Family Programs

Debbie Nicolai, Marybeth Allen & Nina Reardon-Reeves

Welcome to the NSA 2006 Long Beach Conference! In this, our 29th year, we meet in Long Beach, California to share stories, renew old friendships, and create new memories. This year, we welcome to the conference more families, children, teens and young adults than ever before! We have made changes that reflect the growing needs of families in order to enhance the NSA experience for everyone. As children and teens who stutter come together with adults who stutter, we join **our voices** in the spirit of understanding that "We Are Not Alone!!"



Stay Connected

Have you visited the NSA web site lately?

The web site is updated regularly with new articles and information. Recent articles online include NSA Board Announces Two New Positions and Calling all Families: Come Join us in Long Beach.

Stay informed on the latest NSA News by registering today!

Register today, it's fast and free! So, you have nothing to lose and everything to gain! Register online

www.WeStutter.org

Keep in touch with friends from the NSA with this Yahoo Group!

Join this group and don't lose contact with the many special friends you'll meet at the NSA Long Beach conference!

You can ...

* **email** your friends * share your **pictures** of the conference * see others' **pictures**

It's safe, fun, free, and easy!

* **SAFE!** - you reveal only what you want to. No security problems.

* **FUN!** - keep the conference spirit alive when you're back home

* **FREE!** - doesn't cost you a penny!

* **EASY!** - nothing to it. It's as easy as 1-2-3!

Here's **how to join:**

1. Go to <http://health.groups.yahoo.com/groups/NSA-Conference>
2. Press "Sign in to Yahoo!" or "Join This Group."
3. Follow the easy on screen instructions. Even old people can do it!

Join NOW! The system is up and running and ready to go - **NOW!** You don't have to wait till the conference. The sooner you join, the more fun you'll have! Don't miss out! Your friends will all be joining and waiting for you online!



NSA Store/ Registration

The NSA Store is located next to conference registration for your convenience. Come see our complete line of books and brochures for the Teacher, Parent, Professional, Adult and Child who stutters.

Store Hours

Wednesday 3:00 P.M. - 7:00 P.M.

Registration/Store Hours

Thursday 8:00 A.M. - 5:00 P.M.

Friday 8:00 A.M. - 3:00 P.M.

Saturday 8:00 A.M. - 3:00 P.M.

PLEASE NOTE: The store is not open during the General Sessions.



Live Auction & Special Thanks

Saturday, July 1, 2006

Auction items will be on display during the banquet on Saturday evening at 7:00 p.m. in the Ballroom.

Immediately following dinner the room will come alive as members bid on exciting items during the NSA Live Auction. It's fun, fast-paced, and the items are fantastic. Below is a preview of some of the items offered:

Exciting travel destinations

Las Vegas

Rome

London & Paris

La Quinta Resort, Palm Springs, CA

Grand Cayman

Arizona

GRAND PRIZE

- *Grand Wailea Resort, Maui, Hawaii*

And many more wonderful items... including hand-made jewelry, original artwork by NSA members, handmade quilts, and the famous Aussie hat, etc.

To bid in the live auction, hold up your hand, facing the auctioneer. NSA Youth Committee volunteers will be "running" to your table to assist you with payment during the live auction. Payments may be made with cash, check, Visa & MasterCard. Checks should be made payable to the National Stuttering Association. Thank you for supporting the NSA!

The NSA is a non-profit 501 (c) (3) organization celebrating over 25 years of support and education for children and adults who stutter. Your purchases are tax deductible to the extent provided by the law. Please consult your tax advisor.

All items must be paid for in full. Note all conditions, restrictions, and expiration dates on items and services. Some items must be scheduled at a mutually-agreed upon time for both parties. Unless otherwise specified, all auction items and services must be used within one year of purchase.

Special Thanks to the following companies and individuals for their generous support to the NSA:
Big Blue Travel, Corrine Cricks, Rose Harrington, Ritz Carlton, Awilda Sanchez, Tzell Travel, American Airlines, Candice Watts, Imagewear, Inc., Gloria Klumb, Heddy Szucko, Peter Max, Global Works, Inc., The Liben Family, Beans Wax Candles.



How to Use This Program

The Conference Program is divided into three primary sections:

1. Adult Conference Schedule
2. Adult Workshops
3. Family Conference Schedule

Each section is broken into days, such as Wednesday, Thursday, etc. The *Table of Contents* on Page 3 of this program will help you to quickly navigate to the day you are looking for. While looking at the *Conference Schedules* you can plan your day with the *Day at a Glance* which is a chronological listing of all the conference events planned for that particular day. In the case of *Adult Workshops*, in which you must choose one of several events to attend, you can view the complete descriptions in the *Adult Workshops* section. Adult workshops are categorized into tracks to help you make a selection more easily.

Disclaimer: All descriptions of workshops were developed from materials provided by the presenters, although some were edited for length. The Conference Workshop Program is a forum for views and information about stuttering. The opinions expressed here are those of the individual presenter, and are not necessarily the opinions and / or views of the NSA, organizers, and / or co-sponsors of the NSA 2006 Conference. The NSA accepts NO responsibility for the accuracy of any opinion or information provided by any presenter, nor do we endorse or reject any therapeutic strategies, programs, or devices presented or discussed.

*When a collection of brilliant minds, hearts, and talents
come together... expect a masterpiece.*



Thursday Adult Conference Schedule

Day at a glance:

8:00 am- 5:00 pm
**Registration
and
Store Open**

8:00 am - 12:00 pm
Chapter Leader
Program

1:15 pm—2:30 pm
Adult Workshops

2:45 pm - 4:00 pm
Adult Workshops

4:15— 5:30 pm
First Timers Gathering/
Meet the NSA board of
Directors
Open Microphone

7:00 pm - 11:30 pm
Opening Celebration
Please note:
Dinner is **NOT**
being served,
light snacks only

Chapter Leader Program 8:00—12:00

Facilitator	Workshop Title	Location
Joe Mirly	Chapter Leader Program	Centennial C

Adult Workshops (1:15 pm - 2:30 pm)

Complete descriptions are provided on page 10 & 11.

Facilitator	Workshop Title	Location
Junior Tereva	Flying with Attitude...	Centennial C
Joe Klein	Recovery from Stuttering...	Centennial D
Nina Reeves	SLP's Getting the most the NSA conference	Centennial A
Doug Austin	Freedom of Performance	Odessa

Adult Workshops (2:45 pm - 4:00 pm)

Complete descriptions are provided on page 12 & 13.

Facilitator	Workshop Title	Location
Nobby Lewandowski	Building Self Confidence	Centennial C
Jeff Goodman	Stuttering & Succeeding Professionally	Centennial D
Dale Williams	Talking w/significant others...	Melbourne
Greg Snyder	Prosthetic Stuttering Devices	Tokyo/Vancouver
Bill Parry	Self-Help Strategy...	Centennial A

First Timers Gathering/ Meet the NSA board of Directors 4:15—5:30— Centennial A

Adult Workshops (4:15 pm - 5:30pm)

Facilitator	Workshop Title	Location
Bob Rochefort	Open Microphone	Centennial C

Opening Conference Celebration 7:00—11:30pm Salon B ~ C ~ D

Thursday Adult Workshops (1:15 pm - 2:30 pm)

Chapter Leader Program

Who: Joe Mirly
What: Training for NSA Chapter Leaders
Where: Centennial C
When: 08:00 AM to 12:00 PM

This is the annual training for NSA Chapter Leaders. Topics include increasing and retaining attendees, leadership skills, and conflict resolution. This will be an open forum with leader-to-leader problem-solving sessions.

Joe Mirly is in his 4th year as the leader of the Seattle NSA Chapter for Adults who stutter. A software engineer, Joe has worked at the Microsoft Corporation for 6 years, primarily in home productivity software. Joe resides in Marysville Washington with his wife Theresa and son Spencer, with a second child due to debut in September. Joe was elected to the NSA Board of Directors in February '05, where he co-chairs the Adult Programs with Paul Bittorf.

Flying with ATTITUDE...

Who: Junior Tereva, James Phung, David Levitan, Dale Williams & Alan Badmington
What: Flying with ATTITUDE...
Where: Centennial C
When: 01:15 PM to 02:30 PM

My friends and I have done many therapies and treatments, we will be sharing how "self-acceptance" has/is played a major role in each of our recoveries. And will be discussing how stuttering on purpose (in a dignified manner) or disclosing our stuttering and discussing the subject of "stuttering" can change ones attitude and assist in dissolving the lower portion of the ice-berg.

Junior is a person who stutters who was born in New Zealand and grew up in Australia. He resided in South Florida between 2001 - 2003 where he joined the NSA Boca Raton, FL Chapter lead by Dr Dale Williams. Since 2003 he has lived in Harleysville, PA. He is also a member of the NSA Philadelphia, group led by Lou Madonna. Junior is also a McGuire course instructor and is self-employed.

James is a person who stutters who has been involved with the NSA in Boston and San Diego. James currently resides in San Diego where he works as an Optometrist.

David Levitan is a person who stutters who has been involved with the NSA, Toastmasters, and most recently, the McGuire Program. David completed his MBA in 2004 and now owns his own business in Dallas, TX.

Dale Williams is a Professor of Communication Sciences & Disorders at Florida Atlantic University, where he also serves as Director of the Fluency Clinic. A person who stutters, Dale has facilitated the Boca Raton chapter of the NSA since 1996. His new book, Stuttering Recovery: Personal and Empirical Perspectives, is available through Lawrence Erlbaum.

Alan Badmington is a former police officer and lifelong stutterer from Wales, UK. He is a highly successful public speaker, having won numerous trophies. Last year, he was a finalist in the Association of Speakers Clubs UK national public speaking championships. He regularly addresses diverse community organizations in an attempt to increase public awareness about stuttering, and has spoken to SLP student graduates. He was a keynote speaker at the 7th World Congress for People Who Stutter in Australia in February 2004, where he also won the Oratory Competition. Alan's television, radio and newspaper interviews have further brought stuttering to the front.

Thursday Adult Workshops (1:15 pm - 2:30 pm)

Recovery from Stuttering: What does that mean to you?

Who: Joe Klein

What: Recovery from Stuttering: What does that mean to you?

Where: Centennial D

When: 01:15 PM to 02:30 PM

This workshop will educate people who stutter that there are multiple paths to recovery from stuttering and that different people use different strategies to succeed as communicators. There may be nothing more beneficial for people who stutter than to hear other people who stutter share their personal stories. There will also be time for attendees to ask questions or make comments about recovery or the recovery process.

Joe Klein is a person who stutters and an assistant professor in communication sciences and disorders at The College of St. Rose in Albany, NY. Joe supervises therapy for people who stutter and teaches classes in fluency disorders. Joe lives in Albany, NY with his wife, Holly, and two children, Zachary and Greta.

SLP's: Getting the Most of the NSA Conference

Who: Nina Reardon-Reeves & Kristin Pelczarski

What: SLP's: Getting the Most of the NSA Conference

Where: Centennial A

When: 01:15 PM to 02:30 PM

Attention SLPs! Whether this is your first conference or your 10th, come and join us for discussions relating to how to navigate the NSA conference. We have the inside scoop on how to get the most from your experience. This session will allow us to help them choose the best places to gain insight in to stuttering.

Nina is an SLP from Frisco, TX and a past member of the Board of Directors of the NSA. She currently serves as administrator of Family Programs.

Kristin is a speech-language pathologist who works with children who stutter at Children's Hospital of Pittsburgh and is the National Professional Relations Administrator for the NSA. She is also a doctoral student at the University of Pittsburgh.

The Freedom of Performance

Who: Doug Austin, Ron Mitchell & Bob Spradley

What: The Freedom of Performance

Where: Odessa

When: 01:15 PM to 02:30 PM

Several members of the Riverside NSA chapter will attend a local Renaissance Fair in costume. We have had members experience a reduction in their stuttering as a result of performing in costume and in a safe group theater setting. We will interact with Fair patrons and perform street theater. In this workshop we will present photos of this event, and provide insight and first hand information on the freedom of performing and the potential stutter reduction opportunities of the exercise.

Doug Austin is a two year member of the NSA a stroke survivor, moreover after his stroke he was left with a stutter, facial distortions and lost his ability to spell and to memorize. Before his stroke he was President of several Southern California companies.

Ron Mitchell is the previous Treasurer of the NSA, Chapter Leader of the Riverside group for ten years. He has been helped greatly by self-esteem and attitude adjustments.

Bob has over half a century experience as a person who stutters. Fifteen years experience assisting speech therapists in family workshops and informal studies in the causes and effects of stuttering.

Thursday Adult Workshops (2:45 pm - 4:00 pm)

Building Self Confidence

Who: Nobby Lewandowski

What: Building Self Confidence

Where: Centennial C

When: 02:45 PM to 04:00 PM

We will discuss ways to improve your self confidence which will hopefully result in greater fluency. Nearly 85% of all people have a low self-esteem, so let's try to improve ours. We will do goal setting and prioritizing of these goals to help raise your personal self esteem and acceptance of our mutual challenge.

Participants will leave with a road map to assist in their self confidence building!

About 60 years ago, young **Norbert "Nobby" Lewandowski**, money tucked safely in his pants pocket, skipped down to the local store to get some peanut butter. Once at the counter, he started fumbling. Not for money. For words. Then panic set in, Lewandowski started stuttering and words just wouldn't come out. "I ended up having a jelly and jelly sandwich," Lewandowski said. It was one of the last times the former minor league baseball player, high school football star, certified public accountant, developer, civic leader and nationally recognized motivational speaker had trouble communicating. Not that Lewandowski doesn't still stutter. He does. But he has absolutely no trouble communicating.

That's why, if you happen to be the one new person Lewandowski meets today, he asks but one thing. It is the same thing he asks of his audience early in each motivational speech: Listen to what I say, not the way I say it. "I'm 68 and healthy as a horse," Lewandowski said. "I don't believe in reincarnation. I'm here on this earth one time so I have one chance to make the best of it." "So what if I stutter."

Stuttering and Succeeding in a Professional Environment

Who: Jeff Goodman

What: Stuttering and Succeeding in a Professional Environment

Where: Centennial D

When: 02:45 PM to 04:00 PM

We will have a brief introduction (10 to 15 minutes) where I give my background and thoughts, and then I plan to open it up for discussion with the audience. An opportunity to share ideas on how stutterers can assist one another in a professional environment and an opportunity to exchange thoughts for how to be successful in your professional endeavors– from the perspectives of both stutterers and non-stutterers. I would like to try to address if stuttering is truly that "elephant in the room" that everyone is aware of but that no one wants to discuss.

Jeff is the co-founder and co-leader of the Fort Worth, Texas NSA chapter. A CPA and MBA, he recently left his corporate "job" of the past 2.5 years to pursue some freelance consulting opportunities. Even if those don't pan out, with his stack of business cards and confidence he's gained since joining the NSA 5 years ago, he remains optimistic that he can find a "real" job – and one better than his last job, if he has to.

Thursday Adult Workshops (2:45 pm - 4:00 pm)

Talking with Significant Others about Stuttering

Who: Dale Williams, David Levitan, Alex Rosenbaum and Junior Tereva

What: Talking with Significant Others about Stuttering

Where: Melbourne

When: 02:45 PM to 04:00 PM

How do people talk to their parents about stuttering? How about their spouses, siblings, and friends? And those who don't talk about it—why not? This seminar will address these and other questions from the perspectives of the 4 presenters, whose experiences in self-disclosure range from the emotional to the mundane. And because this workshop is designed as an open forum, audience members who wish to do so can share their stories as well.

Dale Williams is a Professor of Communication Sciences & Disorders at Florida Atlantic University, where he also serves as Director of the Fluency Clinic. A person who stutters, Dale has facilitated the Boca Raton chapter of the NSA since 1996.

David Levitan is a person who stutters who has been involved with the NSA, Toastmasters, and most recently, the McGuire Program. David completed his MBA in 2004 and now owns his own business in Dallas, TX.

Alex Rosenbaum is 18 years old and just finished his senior year in High School. He has been a member of the NSA for 7 years and this will be his 7th NSA Conference. This is also his second year on the Teen Advisory Council.

Junior is a person who stutters who was born in New Zealand and grew up in Australia. He resided in South Florida between 2001 - 2003 where he joined the NSA Boca Raton, FL Chapter lead by Dr Dale Williams. Since 2003 he has lived in Harleysville, PA. He is also a member of the NSA Philadelphia, group led by Lou Madonna. Junior is also a McGuire course instructor and is self-employed.

The Scientific Basis for Prosthetic Stuttering Management Devices (And how to build one for less than \$50)

Who: Greg Snyder

What: Stuttering Management Devices - (And how to build one for less than \$50)

Where: Tokyo/Vancouver

When: 02:45 PM to 04:00 PM

Devices such as the Speech Easy, Fluency Enhancer, and the Pocket Speech Lab utilize aspects of speech feedback to enhance fluent speech in those who stutter. While the fluency enhancement secondary to speech feedback phenomenon was discovered in the early 1950's, the implementation of speech feedback in the form prosthetic stuttering management was limited by technology as well as our understanding of the phenomenon itself. The purpose of this workshop is to discuss the enhanced fluency phenomenon from different research and etiological perspectives, as well as demonstrate how prosthetic stuttering management devices can be easily built for less than \$50.00.

Greg Snyder, an NSA member since 1997 is an Assistant Professor in the Department of Communicative Disorders at the University of Mississippi, co-editor of The Journal of Stuttering Therapy, Advocacy and Research, and is also a person who stutters.

Thursday Adult Workshops (2:45 pm - 5:30 pm)

Valsalva Control Workshop-A Self-Help Strategy for Defeating Stuttering Blocks

Who: Bill Parry
What: A Self-Help Strategy for Defeating Stuttering Blocks
Where: Centennial A
When: 02:45 PM to 04:00 PM

Persons plagued by the most common types of stuttering blocks may benefit from this extended workshop, which will teach some simple but effective self-help strategies for releasing and avoiding such blockages by relaxing the body's Valsalva mechanism. Attendees will learn practical principles not usually covered in speech therapy. Those familiar with Bill Parry's Book, Understanding and Controlling Stuttering, will also have an opportunity to discuss their experiences in applying this self-help approach.

Bill Parry is a former member of the NSA's Board of Directors and former Chair of its Advocacy Committee. He founded the Philadelphia Area Chapter of the NSA, which he led for 15 years. His book, Understanding and Controlling Stuttering: A Comprehensive New Approach Based on the Valsalva Hypothesis, has become the NSA's best-selling book. Bill is also a trial lawyer in Philadelphia and is listed in The Bar Register of Preeminent Lawyers and Who's Who in America. He is also working toward a degree in Speech Language Pathology at Temple University.

OPEN MICROPHONE IS BACK!

Who: Bob Rochefort
Where: Centennial C
When: 04:15 PM to 05:30 PM

Are you brave enough to get up in front of a crowd of people and tell your story? Yes, you are...and we have brought open microphone just for you. Be sure not to miss this!



First Timers Gathering/ Meet the NSA Board of Directors

Come introduce yourself and meet the NSA board members.

Who: Vikesh Anand
What: First Timers Gathering/Meet the NSA Board
Where: Centennial A
When: 04:15 PM to 05:30 PM

Come meet other first timers and get acquainted with the busy conference schedule at this fun, lighthearted, informative gathering. It is a great way to meet new people and get your basic conference questions answered. Also you will get a chance to meet the NSA board of directors.

Thursday Adult Conference Schedule

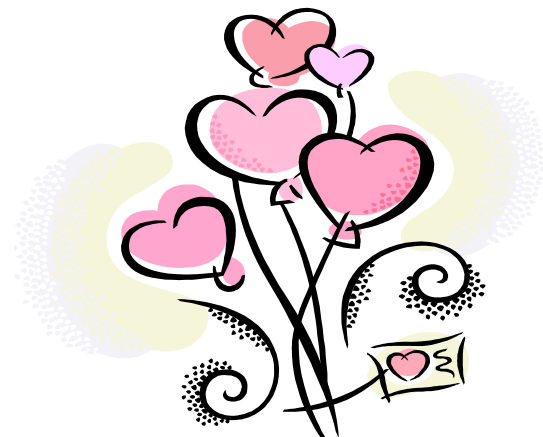


Opening Conference Celebration

Who: Fun for all
What: Thursday night Opening Reception
Where: Salon B, C and D
When: 7:00 PM to 11:30 PM

This evening promises to be full of fun and cheer as we celebrate the opening of NSA 2006, our 23rd Annual Conference. Special performance by Frankie Jones.

Light hors d'oeuvres and cash bar. Dinner is **NOT** being served, light snack only Events include opening remarks by NSA Co-Chairman Michael McDuffie & Joseph Diaz along with the 2006 Long Beach Conference Committee. You will also have the opportunity to meet NSA Board Members, and organizational directors.





Friday Adult Conference Schedule

Day at a glance:

8:00 am - 3:00 pm

NSA Store/
Registration open

Adult Workshops (8:30 am - 9:45 am)

Complete descriptions are provided on page 17 & 18

8:30 am—9:45 am

Adult Workshops

Facilitator	Workshop Title	Location
Bob Bodenhamer	Getting to the Bottom of your Fears	Centennial B
David Levitan	Job Interviews	Tokyo/Vancouver
Nora O'Connor	Passing Twice	Shanghai
Erin Dyer	Small Talk Doesn't have...	Centennial C
Vikesh Anand	Technology ~ Crutch or Device	Barcelona/Casablanca

10:00 - 11:45 pm

General Session

General Session 10:00 am—11:45 pm

Salon B ~ C ~ D

11:45 - 1:00 pm

Awards Luncheon or
Lunch on your own

11:45—1:00 9th Annual Awards Luncheon (Centennial D)

or lunch on your own

1:15 pm - 2:30 pm

Adult Workshops

2:45 pm - 4:15 pm

Adult Workshops

Adult Workshops (1:15 pm - 2:30 pm)

Complete descriptions are provided on page 20-22

Tours begin:

Angel Game

Leaves at 5:00

Queen Mary

Meet in lobby at
5:15 pm

Walking Tour

Meet in lobby

Facilitator	Workshop Title	Location
Cathy Olish	Covert Stuttering - Exposed!	Centennial C
Kim Block	Life Transitions	Centennial B
Laura Levitan	The other Half....	Shanghai
Howard Delman	Things I wish I told my....	Tokyo/Vancouver

Adult Workshops (2:45 pm - 4:15 pm)

Complete descriptions are provided on page 23–24.

Facilitator	Workshop Title	Location
Elaine Saitta	Advertise your Stuttering	Melbourne
John Tetnowski	Client expressed goals	Tokyo/Vancouver
John Wade	Getting the most from therapy	Centennial C
Sharon Feldman	Coping w/stuttering	Barcelona/Casablanca
Mark Power	SpeechEasy—stuttering treatment	Centennial B

Friday Adult Workshops (8:30am—9:45am)

Getting to the "Bottom" of your Fears & Anxieties

Who: Bobby Bodenhamer

What: Getting to the "Bottom" of your Fears & Anxieties

Where: Centennial B

When: 08:30 AM to 09:45 AM

In this workshop, I will provide an overview of the single most effective therapeutic tool that I have ever used. How much "fear" do you have "about" blocking and stuttering? How high is your "anxiety" level when you are inside a block? How would you like to 1) find out the thought patterns that reside in both your conscious and unconscious mind that underlie your fears and anxieties? And, 2) how would you like to find a way to minimize and, in some cases, eliminate those thought patterns? Just think, how would your speech change if you were not anxious about speaking? The Drop-Down Through Pattern taught in this workshop provides a great tool for "getting to the 'bottom' of your fears and anxieties".

Bob Bodenhamer's under-graduate degree (BA) is from Appalachian State University in Boone, NC (1972). His major at Appalachian State University was Philosophy and Religion with a minor in Psychology. He received the Master of Divinity (1976) and the Doctor of Ministry Degree (1978) from Southeastern Baptist Theological Seminary in Wake Forest, NC. The Master of Divinity Degree included training in Pastoral Care with both classroom and clinical work. Dr. Bodenhamer received one unit of Clinical Pastoral Education from Wake Medical Center in Raleigh, N. C. while working on his doctorate. His marriage to Linda now spans 39 years.

Job Interviews

Who: David Levitan

What: Job Interviews

Where: Tokyo/Vancouver

When: 08:30 AM to 09:45 AM

How can you be successful in a job interview as a person who stutters? This interactive workshop will discuss strategies for success, advertising and acknowledging stuttering, and bringing awareness to potential employers. Participants will be given the opportunity to practice interview techniques and take part in an open forum discussion. This will be an interactive workshop where we can practice our interview skills in a non-threatening environment with feedback and tips for success. Anyone who is looking for a job will find this informative, useful, and fun.

David Levitan is a person who stutters who has been involved with the NSA, Toastmasters, and most recently, the McGuire Program. David completed his MBA in 2004 and now owns his own business in Dallas, TX.

Passing Twice: Gay, Lesbian, Bisexual and Transgender Stutterers & their Allies

Who: Nora O'Connor

Where: Shanghai

When: 08:30 AM to 09:45 AM

This workshop will be an open discussion about the issues of identity for people who are stutterers and gay, lesbian, bisexual or transgender. In particular, we will discuss the issues common to both stuttering and being a sexual minority: "passing," "coming out," and "hiding in the closet". While the discussion is about being a sexual minority and stuttering, the workshop is open to everyone, regardless of sexual orientation. There are many parallels with "coming out" and "passing" as a person who stutters and/or being gay, lesbian, bisexual or transgender. We have much to learn from each other and grow stronger together in the stuttering community.

Nora O'Connor is a proud lesbian who stutters living in Riverside, California. She works at CRC/Norco State Prison as a mental health therapist for Walden House's substance abuse program for women. She attended her first NSA convention in 1992, and was the San Francisco Chapter Leader from 2000 - 2005. Nora has been actively involved with Passing Twice since 1995.

Friday Adult Workshops (8:30 am - 9:45 am)

Small Talk Doesn't Have to be a Big Deal to be a Big Deal

Who: Erin Dyer
What: Small Talk Doesn't Have to be a Big Deal
Where: Centennial C
When: 08:30 AM to 09:45 AM

This workshop will teach you strategies that will take the focus off of you and your individual challenges and put it on others around you. Come learn some fun, easy techniques that will help you "step out of yourself" and engage in conversations with strangers, friends and family. NSA Members will be challenged to stop worrying about their speech and self consciousness and focus on the children and people around them. They'll learn conversation starters that will be helpful when around strangers as well as friends and family. A few clowning' around tricks will also be shared as a sure fire method for eliciting a smile from most people.

Erin Dyer has nearly 3 decades of experience (but she looks so young) working as an SLP and a Care-Actor. Her humorous workshop presentations are informative and insightful. As a "Recovering Shy and Self Conscious person", she brings a personal perspective to learning how to overcome one's challenges to reach out and give oneself to others.

Technology – A Crutch or a Lifesaver?

Who: Vikesh Anand & Beth Bienvenu
What: Technology – A Crutch or a Lifesaver?
Where: Barcelona/Casablanca
When: 08:30 AM to 09:45 AM

Do you email friends and colleagues rather than pick up the phone? Do you spend more time Instant Messaging than talking face-to-face? Do you have repetitive stress injuries from text messaging friends when you could be talking to them on the phone?

Technology has certainly improved our lives – particularly the lives of those who stutter. It has helped many stutterers to interact socially and professionally in ways they hadn't before. We can use tools such as email and Instant Messaging to communicate without having to worry about speaking in front of others, but has it become a crutch for many of us? Do we use it to avoid speaking in situations where we should be practicing our speech and learning to accept our stuttering? This interactive workshop will help attendees think about the role of technology in their lives, how it helps them socially and at work, and how we may be limiting our speaking opportunities to the detriment of our speech progress.

This workshop will help attendees understand the role of technology in their lives and careers and how it affects their speech progress. It will also be useful for clinicians to understand the role that technology is playing in the lives of their clients.

Vikesh Anand is a person who stutters and has been a member of the NSA since 2001. He currently serves on the NSA website team, helps organize local support group meetings, and is a member of the McGuire Program. Vikesh has a Bachelor's Degree in Psychology from Rutgers University in New Jersey.

Beth Bienvenu is a Policy Advisor for the US Department of Labor's Office of Disability Employment Policy in Washington DC, where she focuses on policy issues related to the employment of people with disabilities. She has been a member of NSA for 2 years and is a member of the Rockville, Maryland chapter.

Friday General Session and Award Luncheon

General Session I

Who: Gerald Maguire
What: Keynote Speaker and More!
Where: Salon B ~ C ~ D
When: 10:00 AM to 11:45 PM

Gerald A. Maguire, MD, is a Associate Professor and Director of Residency Training in the Department of Psychiatry and Associate Dean for CME at the University of California, Irvine (UCI) School of Medicine. Dr. Maguire earned his medical degree from St. Louis University School of Medicine in 1991. He carried out his residency in Psychiatry at the University of California, Irvine from 1991 to 1995, where he was Chief Resident his final year.

Dr. Maguire currently is a council member with his district branch and is a Distinguished Fellow of the American Psychiatric Association. Dr. Maguire has been a member of National Stuttering Association (NSA) since 1992 and currently serves on the research advisory board. As a person who stutters himself, he has been interested in investigating novel treatments for this disorder since early in his medical training. His research group was the first to publish a study utilizing Positron Emission Tomography (PET) to investigate brain differences in stuttering. He has also served as the lead investigator on many studies investigating medications for the treatment of stuttering. He has presented at NSA before in addition to the World Congress of Stuttering and additional professional symposia including ASHA, APA, NCDEU, C1NP and ACNP. His research has appeared in various journals including *The Lancet Neurology*, *NeuroReport*, *The Journal of Clinical Psychiatry*, *Comprehensive Psychiatry*, *Annals of Clinical Psychiatry*, and the *Journal of Clinical Psychopharmacology*. Dr. Maguire's research has been featured on various news outlets including the *LA Times*, *NPR*, *ABC News*, and the *Boston Globe*.

In addition to his research on stuttering, Dr. Maguire also has an academic clinical practice where he treats numerous psychiatric disorders. He served as the principal investigator of the UC Irvine site for the pivotal CATIE schizophrenia trial. He was awarded the Golden Apple Award by the UCI medical students as the best teacher for 2003-2004. Dr. Maguire has also earned the Department of Psychiatry "Teacher of the Year" award five times. In spite of his stuttering, Dr. Maguire enjoys lecturing and has been invited to present his research at various locales around the world.

9th Awards Luncheon 11:45—1:00pm

This is a pre-paid event. Please bring your ticket with you.

Who: Joseph Diaz, Master of Ceremonies
What: 9th Annual Awards Luncheon
Where: Centennial D
When: 11:45 am. - 1:00 pm



Support your fellow NSA members as they receive high honors for their hard work, dedication and continued passion for the stuttering community.

Friday Adult Workshops (1:15 pm - 2:30 pm)

Covert Stuttering - Exposed!

Who: Cathy Olish, Curt Schneider, Sophie Sacca, Dr. Bennett, Beth Bienvenu

What: From the dictionary: cov·ert (ko·vürt')

Where: Centennial C

When: 01:15 PM to 02:30 PM

"W-w-w-what are you d-d-d-doing here? You d-d-d-don't st-st-st-stutter!" That question is common for a covert stutterer attending an NSA convention. Covert - or hidden, interiorized - stuttering is a greatly misunderstood stuttering phenomena which is exposed in this workshop. Emphasis is given to establishing the "covert" classification as a unique form of stuttering, explaining and examining some of the unique characteristics of covert stutterers, and recommending some courses of action for recovering covert stutterers. This workshop is recommended for all covert stutterers as well as overt - open, exteriorized - stutterers who want to understand this unique form of stuttering. Parents are also encouraged to attend to help understand the roles they can play in helping their children identify and recover from covert stuttering. SLPs are also encouraged to attend so that they can understand the recommended therapies involved with the unique form of stuttering.

Cathy Olish is from Ferndale, Michigan. She has been employed at Ford Motor Company for more than eleven years and presently works as a Human Resource Associate in the Executive Compensation office. She has been an active member of the Royal Oak NSA Chapter for seven years, is Co-Chapter Leader of the NSA Royal Oak TWST group, the chapters website developer, Assistant Editor of Letting GO and the NSA Volunteer Coordinator.

Curt Schneider is a 24 year-old Graduate student at Central Michigan University in the Speech-Language Pathology program. He is a founding member of the Mid-Michigan chapter of the NSA. He has stuttered since age three and has been a covert stutterer for much of that time. Over the last several years he has worked toward becoming more open with his stuttering.

Sophie Sacca is from New York City and currently stays at home with her three-year-old son. She has been an active member of the NSA for three years and attended her first NSA conference last year.

Dr. Bennett has worked in the field for over 26 years in public school, university, and private practice settings. She received her Bachelor's degree from the University of Texas at Austin in 1977, Master's degree from California State University- Northridge in 1979, and Ph.D. from the University of Colorado at Boulder in 1996 with an emphasis on stuttering disorders. She has co-authored numerous articles and has presented many workshops at the local, state, national, and international level.

Beth Bienvenu is a Policy Advisor for the US Department of Labor's Office of Disability Employment Policy in Washington DC, where she focuses on policy issues related to the employment of people with disabilities. She has been a member of NSA for 2 years and is a member of the Rockville, Maryland chapter.



Friday Adult Workshops (1:15 pm - 2:30 pm)

Life Transitions

Who: Kim Block

What: Life Transitions

Where: Centennial B

When: 01:15 PM to 02:30 PM

Transitions are the mental and emotional work required to complete a life change and not drag the past with you, or live in fear about the future. We are getting married, getting divorced, starting a new job, starting a new career path, being laid off, moving, or becoming parents. They can be times of confusion, stress, and also can be very exciting. If you have a negative attachment to your stuttering, it can be holding you back from moving on and going with the flow of life. Come learn new skills to cope and learn what to expect during your transition. It can help you make wiser decisions and experience over all better mental and emotional stability through your time of change.

Learn how your mental and emotional perceptions about your stuttering can help or hinder your life transition: Helps you make wiser decisions by understanding the stages of transition, Learn coping techniques on how to handle stress. You will be inspired and relieved that you are still in control even though it may not feel like it. Great handouts on stress, nutrition, physical wellness, fear, risk, and a variety of coping techniques.

Kim is a Life Transitions Consultant with a degree in Human Relations and certificate in Family Life Education from Concordia University Montreal Canada. She is also a person who stutters. Kim has presented at previous workshops at Canadian Stuttering Association (CAPS) and conference.

The Other Half: For significant others of people who stutter

Who: Laura Levitan

What: The Other Half: For significant others of people who stutter

Where: Shanghai

When: 01:15 PM to 02:30 PM

This workshop will be a round table discussion for significant others of people who stutter. We will have the chance to discuss our thoughts and feelings freely. Let's take this opportunity to learn from and support each other. Significant others of people who stutter don't often have a chance to speak with each other. But we have a lot of feelings about our loved ones and we need to discuss them with other people who will really understand. Having a workshop like this at the annual conference is a unique opportunity to benefit from and help each other so that we can keep supporting our significant others.

Laura Levitan is a recent graduate of a master's program in speech-language pathology. She is also married to David Levitan, a person who stutters. Laura has been involved in the NSA along with David for the past 4 years and this will be her third conference in a row. Laura plans to specialize in fluency disorders.

Friday Adult Workshops (1:15 pm - 2:30 pm)

Things I wish I could have told my therapists

Who: Howard Delman

What: Things I wish I could have told my therapists

Where: Tokyo/Vancouver

When: 01:15 PM to 02:30 PM

Several years ago, I addressed a class of graduate students. As I was describing my years of therapy, I began to talk of my frustration with the many wonderful therapists who tried, unsuccessfully, to help me. Without realizing it, I began purging and venting decades of frustration and anger. In this workshop, I'll talk about that day, my experiences, and what I've learned. I will then allow members of the audience to share their experiences. The goal of the workshop, for people who stutter, is to allow them get in touch with, and give a voice to, their own frustrations. The goal for SLPs who are in the audience is to hear what people who stutter "wish they could have told their therapists." Having discussed this idea at our meetings, I've learned that many people who stutter have resentment and frustration toward SLPs, due to unsuccessful therapies over their lifetimes. Hopefully, this workshop will provide an outlet for some of that negativity.

Howard Delman is an engineering consultant, chapter leader, and lifelong stutterer. Years of involvement with the NSA resulted in the vision to see through the fog of shame, self-doubt, and fear. With this new clarity came an understanding of many issues that seem to have thwarted successful therapy.



Friday Adult Workshops (2:45pm - 4:00pm)

Advertise your Stuttering

Who: Elaine Saitta, Brad Madsen, and Scott Yeager
What: Come Challenge yourself and advertise your stuttering
Where: Melbourne
When: 02:45 PM to 04:15 PM

Come join us for this exciting interactive workshop. This workshop teaches and promotes advertising and being open about our stuttering. Talking to others about stuttering has helped many to accept their stuttering while overcoming the fears and embarrassment associated with stuttering. So come challenge yourself and learn how you can become more open with your stuttering. Desensitizing ourselves to stuttering is one of the first steps to accepting our stuttering and this exercise will be a fun way to challenge ourselves to talk more about our stuttering and teach others more about stuttering.

Elaine Saitta is from Seattle, Washington and has been an active member of the National Stuttering Association for many years. She currently is on the NSA Board of Directors. She is not only a person who stutters, but also an SLP who continues to work on accepting her stuttering and being open with others.

Brad Madsen is from Apollo Beach, Florida and is active member of the NSA. Brad recently moved to Florida from Chicago and was the chairman of last years NSA conference. He is also an active member of the newly formed South Tampa Chapter.

Scott Yeager has been a member of the NSA since 1992. He lives in Cleveland, OH. He is a covert PWS, however he understands the importance of advertising his stuttering. He attended the Successful Stuttering Management Program (SSMP) in 2003, where they emphasize the importance of advertising.

Client expressed goals as a predictor of success in treatment

Who: John Tetnowski, Kathy Scaler Scott & Mitchell Trichon
What: Client expressed goals as a predictor of success in treatment
Where: Tokyo/Vancouver
When: 02:45 PM to 04:15 PM

In most clinical settings, the relationship between clinician and client is one-sided, i.e., the clinician sets goals for the client and makes major decisions about the therapeutic process. In this workshop, two cases are presented where the client is interviewed every two weeks throughout the therapeutic process and interviewed about their personal goals for success. The shift in personal goals can be an important indicator of long-term success. NSA members will benefit in two ways: 1) for clinicians, they can see the value of working in concert with their clients and basing their goals on the needs and desires of the people they treat. 2) for PWS (and their families), they can see how their input and opinions should be expressed to the speech-language pathologist, and how their opinions and attitudes greatly effect the successful therapeutic process.

Mitch Trichon is a doctoral student in the Communicative Disorders Department at the University of Louisiana at Lafayette with an emphasis on the treatment and assessment of fluency disorders. He is a person who stutters and has been an advocate for people who stutter for 15 years by leading discussions at universities and professional organizations, and by organizing and participating in self-help group meetings.

Kathy Scaler Scott is currently a doctoral student in the Department of Communicative Disorders at the University of Louisiana at Lafayette with an emphasis on the treatment and assessment of fluency disorders. She is a Board Recognized Fluency Specialist and Mentor and has treated PWS for almost 15 years. She has presented nationally in the areas of fluency

John Tetnowski is the Ben Blanco Endowed Professor in Communication Disorders at the University of Louisiana at Lafayette. He is a Board Recognized Fluency Specialist and Mentor and has treated PWS for almost 20 years. He has written and presented extensively in the areas of fluency and assessment.

Friday Adult Workshops (2:45 pm - 4:15 pm)

Getting The Most From Speech Therapy

Who: John Wade & Dr Kari Kelso

What: Getting The Most From Speech Therapy

Where: Centennial C

When: 02:45 PM to 04:15 PM

Why is it that speech therapy seems to work some times and not others, and for some people and not for others? This workshop will examine the key factors that help us to utilize speech therapy successfully. Important issues including dealing with setbacks and relapse, transferring skills from the clinic to everyday life, and managing our emotions during this process will be addressed. This workshop will also take an interactive look at the stories of successes and failures in therapy so that participants can share their experiences and learn from each other.

John Wade has been a member of the NSA for over 15 years and is a former NSA board member. He has presented at numerous NSA conventions and written several brochures for the NSA on self-help topics. He is a licensed psychologist at the University of Kansas, and has published articles and book chapters on several topics, including stuttering, positive psychology, stress management, perfectionism, and group therapy. He is currently co-authoring a book on effective communication with Kari Kelso.

Kari Kelso earned her Ph.D. in Organizational Communication with a minor in Interpersonal Communication from the University of Texas at Austin. She has taught organizational leadership, public speaking in the organization, organizational training and design, small group communication, and rhetorical messages at the university level. Currently, she is a project evaluator for the Stockton Unified School District in the department of research and evaluation, managing large grants for inner city/high poverty schools. She also serves on the Sacramento Volunteer Center Board of Directors and has previously served on the NSA Board.

Coping with stuttering in a social world

Who: Sharon Feldman & Ron Mitchell

What: Coping with stuttering in a social world

Where: Barcelona/Casablanca

When: 02:45 PM to 04:15 PM

Social skills can be often overlooked by stutterers as we concentrate all our efforts on fluency. The speakers feel improving social skills can improve quality of life, job performance and fluency. The workshop will focus on common situations using role playing and improvisations. It will be lighthearted, but challenging.

Sharon Feldman, M.S. CCC-SLP is the co-leader of the Riverside Chapter. She is a Speech Language Pathologist who is Board recognized as a stuttering specialist. She is also a person who stutters.

Ron Mitchell is the previous Treasurer of the NSA, Chapter Leader of the Riverside group for ten years. He has been helped greatly by self-esteem and attitude adjustments.

SpeechEasy - A Stuttering Treatment Option

Who: Mark Power

What: SpeechEasy - A Stuttering Treatment Option

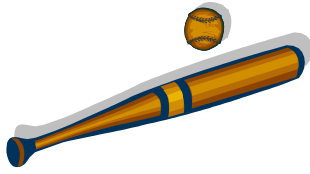
Where: Centennial B

When: 02:45 PM to 04:15 PM

SpeechEasy is an advanced treatment tool that can help provide fluency to most people who stutter. This session will demonstrate the device, its fitting software, and the client evaluation process. The use of SpeechEasy will be discussed, both as a standalone treatment option and in conjunction with traditional speech therapy. As part of the presentation, video footage will be used to illustrate the effect of the device.

Mark is the Director of Power Stuttering Center - Orange County, CA.

Friday Night Tour Information



Friday night—Tour #1 Anaheim Angels vs Dodgers— at the beautiful new Edison Field in Anaheim. This exciting home game is a must for all baseball enthusiasts. The famed “freeway” series is a local favorite bringing both CA teams together. Seats are located in Section 308 (upper view). Transportation included. 5:00 - 11 p.m. **7:05 game **** Bus leaves hotel at 5:00pm**

Friday night— Tour #2 - Hop aboard the Queen Mary (two great tours at a great rate)



Behind the Scenes—On this 60-minute guided Behind the Scenes tour, you will go through parts of the ship that are not accessible to the public such as boiler room and first class swimming pool. Learn about the ship’s history from glorious ocean liner, to troop transport ship, to her retirement.

AND

Ghost and Legends show is a special effects show that dramatizes actual paranormal events that have occurred aboard the ship; as well as a ghost sighting scavenger hunt.

*****Meet in lobby of hotel at 5:15pm *****

Friday night—Tour #3— The Pike at Long Beach Walking Tour -

(sign up sheet will be located by registration for interested people to meet in lobby)

Get a group of friends and take a cab ride, hop on the Pine Ave Link bus (free) or take a short walk down to the Pike, the premier entertainment complex. Check out www.shopthepike.com for an entire listing of things to do. A popular selection of restaurants with harbor views can be found next door to world-class entertainment. Have fun at GameWorks with the whole family, ride the antique carousel or catch the latest movie release at the state of the art, all-stadium seating Cinemark Theatre complex. Dine on delicious dishes from exotic to All-American faire or simply enjoy the cool ocean breezes. Whatever your pleasure, you're sure to find it at Southern California's newest hot spot. This is the perfect choice for anyone who doesn't want a guided tour and it's a great way to enjoy the local sights and sounds.

Taxi ride: \$3—\$5— Pine Ave Link Bus \$Free





Saturday Adult Conference Schedule

Day at a glance:

8:00 am - 3:00 pm
NSA store/Registration open

8:30 am - 9:45 am
Adult Workshops

10:00 am—11:45 am
General Session

11:45am —1:00 pm
Lunch on your own

1:15 pm - 2:30 pm
Adult Workshops

2:45 pm - 4:00 pm
Adult Workshops

4:15 pm - 5:00 pm
Closing Ceremony

6:30 pm - 7:00 pm
Cocktail Reception

7:00 pm - 1:00 am
Banquet and Auction

Adult Workshops (8:30 am - 9:45 am)

Complete descriptions are provided on page 278 & 28.

Facilitator	Workshop Title	Location
Paco Yamaguchi	American Baseball...first pitch	Ocean
Mitch Trichon	Chapter Leaders Focus Group	Tokyo/Vancouver
David Mitzman	The Right Message	Shanghai
Gloria Klumb	Stepping our of your comfort zone	Naples
Greg Snyder	The Stuttering Experience	Barcelona/Casablanca

General Session 10:00 am—11:45 pm

Salon B ~ C ~ D

11:45am—1:00pm—Lunch on your own

Adult Workshops (1:15 pm - 2:30 pm)

Complete descriptions are provided on page 29 & 30.

Facilitator	Workshop Title	Location
William Parry	Beating the Stuttering Block	Ocean
Marilee Fini	Becoming an empowered speaker	Barcelona/Casablanca
Kenny Koroll	Stages of Stuttering...	Centennial D
Joe Klein	Stuttering on the Job...	Tokyo/Vancouver

Adult Workshops (2:45 pm - 4:00 pm)

Complete descriptions are provided on page 31 & 32.

Facilitator	Workshop Title	Location
John Wade	Making Change Happen— and Last	Ocean
David Babin	Toastmasters	Shanghai
Cathy Olish	Successful Stutterers in Business	Barcelona/Casablanca
Dennis Drayna	Update on Stuttering Research	Tokyo/Vancouver

Closing Ceremony 4:15—5:00 (Salon BCD)

6:30—7:00 pm Cocktail Reception

7:00—1:00am Banquet, Live Auction

Saturday Adult Workshops (8:30 am - 9:45 am)

American baseball: History of the first ceremonial pitch

Who: Kenji Minowa, Paco Yamaguchi, Tommy Nakagami

What: Storytelling title "The history of American ceremonial first pitch"

Where: Ocean

When: 08:30 AM to 09:45 AM

The storytelling which makes an effective for physical training and mental training with pleasure.

Each person who stutters can use their own body and mind for stuttering treatment research, then they will be able to develop a reliable method for their treatment. I didn't want to give up on treatment of my stuttering and I wanted to rise up to make a contribution to the history of stuttering treatment. I intend to comment on my Theory and Method after storytelling.

Paco is a representative of Yamaguchi Stuttering Research Institute. Attended the 2004 World Congress at the Esplanade Hotel in Fremantle, Western Australia. Performed two times Japanese traditional storytelling and one time Paco's lecture.

Tommy is an Assistant of Yamaguchi Stuttering Research Institute. Attended the 2004 World Congress at the Esplanade Hotel in Fremantle, Western Australia.

Kenji used to be student of Yamaguchi Stuttering Research Institute. Attended the 2004 World Congress at the Esplanade Hotel in Fremantle, Western Australia.

Chapter Leaders' Focus Group (Past and Present)

Who: Mitchell Trichon & John Tetnowski

What: Chapter Leaders' Focus Group (Past and Present)

Where: Tokyo/Vancouver

When: 08:30 AM to 09:45 AM

The purpose of this workshop is to share the experiences of chapter leaders in order to help members to create new, successful chapters and to maintain and grow our current chapters. This will benefit NSA members by helping to increase member satisfaction of group meetings and being a part of a chapter.

Mitch Trichon is a doctoral student in the Communicative Disorders Department at the University of Louisiana at Lafayette with an emphasis on the treatment and assessment of fluency disorders. He is a person who stutters and has been an advocate for people who stutter for 15 years by leading discussions at universities and professional organizations, and by organizing and participating in self-help group meetings.

John Tetnowski is the Ben Blanco Endowed Professor in Communication Disorders at the University of Louisiana at Lafayette. He is a Board Recognized Fluency Specialist and Mentor and has treated PWS for almost 20 years. He has written and presented extensively in the areas of fluency and assessment.

The Right Message

Who: David Mitzman

What: The Right Message

Where: Shanghai

When: 08:30 AM to 09:45 AM

This workshop will demonstrate how incorporating the usage of the "snap" wristband will help one to "switch gears" to a self approving position by giving oneself credit for any degree of progress made or trying to be made rather than yielding to all the familiar negative and self defeating thoughts which tend to overwhelm any degree of success.

David Mitzman has been an NSA member since 1990. He is married with two daughters, 21 and 16 and is currently President of Travel Servers, Inc located in Los Angeles.

Saturday Adult Workshop (8:30 am - 9:45 am)

Stepping out of our comfort zone

Who: Gloria Klumb & Robert Lee
What: Stepping out of your comfort zone
Where: Naples
When: 08:30 AM to 09:45 AM

A lot of people who stutter get in a rut and just stay in their little circle or are just afraid to take that extra step. Sometimes everyone just needs a little push. There is no one answer to this but maybe with a little discussion someone would find the courage to take that step...to stepping out of the comfort zone.

Gloria Klumb is the chapter leader of the NSA Madison chapter. She has been a member of the NSA for the past 4 years and currently resides in Madison, WI

Bob Lee has been a member of the NSA Madison Chapter since 1996. He is a past chapter leader of the Madison group. Bob currently works for the State of Wisconsin and lives in Madison WI. This will be Bob's 6th national convention that he has attended.

Understanding the Stuttering Experience: An Introduction for Parents, Spouses, and Significant Others of People who Stutter

Who: Greg Snyder & Joe Klein
What: Understanding the Stuttering Experience: An Introduction for Parents, Spouses, and Significant Others
Where: Barcelona/Casablanca
When: 08:30 AM to 09:45 AM

To understand stuttering is to understand that the problems of stuttering are less about speech, and more about the social consequences of living with stuttering in a fast-paced society that is often insensitive or ignorant to the issues of stuttering. This workshop will discuss common issues associated with growing up as a child who stutters, and the impact that these issues have on the individual who lives with a communication disorder. A directed group discussion will then focus on education, advocacy, support, and other issues that research suggests may improve the quality of life of children and adults who stutter.

Greg Snyder, an NSA member since 1997 is an Assistant Professor in the Department of Communicative Disorders at the University of Mississippi, co-editor of *The Journal of Stuttering Therapy, Advocacy and Research*, and is also a person who stutters.

Joe Klein is a person who stutters and an assistant professor in communication sciences and disorders at The College of St. Rose in Albany, NY. Joe supervises therapy for people who stutter and teaches classes in fluency disorders. Joe lives in Albany, NY with his wife, Holly, and two children, Zachary and Greta.

General Session II (10:00am—11:45am)

Where: Salon BCD
When: 10:00 AM to 11:45 AM

We listened to you and are bringing back open microphone. We are dedicating an hour to you, the NSA conference attendees. If you would like to share a story, your thoughts, or just want to say how much the NSA means to you now is your chance.

Once open microphone is over we will have some announcements about the rest of the day and then you can enjoy the wonderful weather of Long Beach and grab a bite to eat.

Saturday Adult Workshops (1:15 pm - 2:30 pm)

Beating the Stuttering Block

Who: Bill Parry
What: Beating the Stuttering Block
Where: Ocean
When: 01:15 PM to 02:30 PM

This workshop will demonstrate the physiological mechanism behind stuttering blocks, which cause excessively forceful closures of the mouth or larynx and interference with phonation. It will teach some simple but effective strategies for releasing and preventing such blockages by relaxing the body's Valsava mechanism.

Bill Parry is a former member of the NSA's Board of Directors and former Chair of its Advocacy Committee. He founded the Philadelphia Area Chapter of the NSA, which he led for 15 years. His book, *Understanding and Controlling Stuttering: A Comprehensive New Approach Based on the Valsalva Hypothesis*, has become the NSA's best-selling book. Bill is also a trial lawyer in Philadelphia and is listed in *The Bar Register of Preeminent Lawyers* and *Who's Who in America*. He is also working toward a degree in Speech Language Pathology at Temple University.

Becoming an Empowered Speaker

Who: Marilee Fini
What: Becoming an Empowered Speaker
Where: Barcelona/Casablanca
When: 01:15 PM to 02:30 PM

What does it mean to be an empowered speaker? Often times when we stutter, we forget that our message is still important even though it is challenging to say. It is so easy to allow our stuttering to become our focus and to overlook our strengths and the many aspects of speech that are working in our lives. Through creative activities and discussion, participants will rediscover their strengths and talents, learn communication skills and implement strategies for becoming an empowered speaker. Throughout the workshop, Marilee will share her own journey of becoming a professional and empowered speaker.

Marilee is a speech pathologist in Cleveland, OH where she runs her own private practice, MLF Speech Therapy. Marilee regularly presents on the subject of stuttering throughout the U.S to speech pathologists, parents and other professionals. She brings to her workshops, her own personal experiences with stuttering, a deep passion for her work and a sense of humor. Marilee has served as NSA Cleveland Chapter Leader for 8 years. with audience participation with the goal for participants to facilitate and self-assess their own communication style. Through an analysis of some key concepts in communication (the presentation of self to others, management of non-verbal behavior, linguistic choice, and attributes of listening) we will learn from one another how we overdevelop some communication skills and neglect others. Each participant receives a detailed handout that covers all the material. Participants will learn practical and easy to use communication skills.

Saturday Adult Workshops (1:15 pm - 2:30 pm)

Stages of Stuttering within the Stages of Your Life

Who: Kenny Koroll, Vikesh Anand, Sarah D'Agostino & Cathy Olish

What: Stages of Stuttering within the Stages of Your Life

Where: Centennial D

When: 01:15 PM to 02:30 PM

This session will give you real life examples of how stuttering can change along with the stages of your life. Come hear from people who stutter how stuttering effected their lives in both positive and negative ways from grade school, high school, college, and into their careers. The presenters will share how they dealt with the highs and lows and take questions from attendees. You will be able to ask questions of each presenter at the end of the session.

Kenny has been an NSA member since 2000 and was co-leader of the Naperville, IL Chapter before relocating to Peoria, IL. He has worked for the Occupational Safety and Health Administration (OSHA) for eight years. He spent two years as a Training Instructor at the OSHA Training Institute and is currently a Senior Federal Compliance Officer. He has a Bachelors and Masters Degree in Occupational Safety & Health from Northern Illinois University.

Vikesh Anand is a person who stutters and has been a member of the NSA since 2001. He currently serves on the NSA website team, helps organize local support group meetings, and is a member of the McGuire Program. Vikesh has a Bachelor's Degree in Psychology from Rutgers University in New Jersey.

Sarah D'Agostino is co-leader of the NSA Royal Oak chapter and has been a member of the NSA for seven years. She volunteers her time giving presentations to University SLP fluency disorder classes to educate future SLP's about the benefits of the NSA and what life is like as a PWS. She graduated from Michigan State University in 1999 with an accounting degree and is now a brokering sales agent and office manager for a commercial real estate company in Southeast Michigan.

Cathy Olish is from Ferndale, Michigan. She has been employed at Ford Motor Company for more than eleven years and presently works as a Human Resource Associate in the Executive Compensation office. She has been an active member of the Royal Oak NSA Chapter for seven years, is Co-Chapter Leader of the NSA Royal Oak TWST group, the chapters website developer, Assistant Editor of Letting GO and the NSA Volunteer Coordinator.

Stuttering on the Job: What We Think and What We Can Do About it

Who: Joe Klein

What: Stuttering on the Job: What We Think and What We Can Do About it

Where: Tokyo/Vancouver

When: 01:15 PM to 02:30 PM

Results of a survey of National Stuttering Association members and their perceptions of how their stuttering impacted them in the workplace will be presented. This presentation will be followed by a group discussion about how people who stutter can improve their communication skills in the workplace.

This workshop will be beneficial for two reasons. First, attendees will learn that they are not alone in their feelings that stuttering can often interfere in the workplace. Second, attendees will get to participate in a discussion of how to improve their communication in the workplace. They will leave the workshop with real strategies to better handle their stuttering in the work environment.

Joe Klein is a person who stutters and an assistant professor in communication sciences and disorders at The College of St. Rose in Albany, NY. Joe supervises therapy for people who stutter and teaches classes in fluency disorders. Joe lives in Albany, NY with his wife, Holly, and two children, Zachary and Greta.

Saturday Adult Workshops (2:45 pm —4:00 pm)

Making Change Happen – and Last!

Who: John Wade

What: Making Change Happen – and Last!

Where: Ocean

When: 02:45 PM to 04:00 PM

We all know how hard it is to make changes, particularly with our speech. It is especially difficult to stick with our new speech goals as we try to break old habits and form new ones. Research indicates that “will power” only accounts for about 10% of the ability to make changes. This workshop will focus on the other 90%, namely, how to work smarter, not harder. The important ingredients to set the stage for success will be presented, as well as how to deal with low motivation, attitude, and relapse. This workshop will be highly interactive, and the sharing of personal stories of making changes, both successes and frustrations, will be encouraged.

John Wade has been a member of the NSA for over 15 years and is a former NSA board member. He has presented at numerous NSA conventions and written several brochures for the NSA on self-help topics. He is a licensed psychologist at the University of Kansas, and has published articles and book chapters on several topics, including stuttering, positive psychology, stress management, perfectionism, and group therapy. He is currently co-authoring a book on effective communication with Dr. Kari Kelso.

Toastmasters International

Who: David Babin, Joseph Diaz, Russ Hicks and Bonnie Weiss

What: Toastmasters International

Where: Shanghai

When: 02:45 PM to 04:00 PM

Toastmasters International is devoted to the development of presentation and leadership skills. Many members will find that their confidence as a speaker and leader can be attributed to the work they completed through Toastmasters. It is not uncommon for people who stutter to join Toastmasters and expand their speaking skills. This is a great way to break out of the comfort box and start finding ways to control the fear of public speaking. David started attending the Toastmasters of Manchester after attending his first NSA Conference in 2001. Over the last five years he has been an active member with the organization serving several roles in New Hampshire area.

David lives in Manchester, New Hampshire where he works as a music educator and track and field coach. David does attribute much of his professional success from being a Toastmaster.

Russ Hicks, DTM has been in TM (District 50) for 15 years and charter/founder Callier Communicators, Dallas, TX. An exclusive club formed from the Dallas NSA support chapter. Russ has held every club office and many district positions.

Joseph Diaz, DTM has been in TM (District 50) for 11 years. A charter member of the Callier Communicators, Dallas, TX. Mentored by Russ Hicks, DTM. Joseph has held many club and district officer positions.

Bonnie Weiss helped start the Buffalo Chapter of the National Stuttering Association, has served on the Board of Directors, and was the National Chapter Coordinator for several years. She is also the Associate Editor of Stutter Buddies, a newsletter for children who stutter. She is currently the Regional Coordinator for the Great Lakes Region of the NSA.

Saturday Adult Workshops (2:45 pm - 4:00 pm)

Successful Stutterers in Business

Who: Cathy Olish, Cari Caldwell, Ernie Canadeo and Ed Weiss

What: Successful Stutterers in Business

Where: Barcelona/Casablanca

When: 02:45 PM to 04:00 PM

Four successful business people discuss the strategies, attitudes and realities of succeeding in business as a person who stutters. All four panelists have achieved significant success in their career while stuttering openly. If you've ever thought "I couldn't possibly do that job," because you stutter, then this workshop is for you. If you're a teenager just thinking about what you'll be when you grow up; if you're a parent, wondering what career opportunities will be available to your child as an adult; or if you're an adult whose career is stalled because of your stutter, this workshop is for you! Bring your questions and learn that you can be anything you want to be!

Cathy Olish is from Ferndale, Michigan. She has been employed at Ford Motor Company for more than eleven years and presently works as a Human Resource Associate in the Executive Compensation office. She has been an active member of the Royal Oak NSA Chapter for seven years, is Co-Chapter Leader of the NSA Royal Oak TWST group, the chapters website developer, Assistant Editor of Letting GO and the NSA Volunteer Coordinator.

Cari Caldwell lives in Orange County, California. She has been a member of the NSA for seven years. She has taught in Seal Beach for ten years and is currently teaching in a program with regular and special education students. She received her Bachelor of Science in Child Development, as well as her teaching credential from Cal State Fullerton. She received her Masters Degree in Reading Specialization from National University.

Ernie Canadeo has been an NSA board member for four years, and an NSA member for over a decade. He is President of The EGC Group, an advertising agency located in Long Island, NY, which he started 20 years ago and which is ranked among the top advertising agencies in the country by Advertising Age. He was responsible for the creation and launch of the NSA Kids program, created the marketing materials for the Change for Change campaign, and has obtained over \$150,000 in free radio airtime to promote the NSA. He studied for his MBA at Fordham University, and serves as trustee on seven not-for-profit boards in addition to the NSA.

Ed Weiss is an attorney in St. Louis, Missouri. He is a sole practitioner, representing employers in Workers Compensation cases throughout Missouri and Illinois. He graduated from Tulane University as an undergraduate, and went on to law school at St. Louis University. After law school, he was an associate in a large law firm and subsequently a partner in a mid-sized law firm. He has had his own law practice since 1988. Ed has been a member of the NSA for a number of years and was recently co-chairman of the NSA Board of Directors.

Update on Genetic Research on Stuttering

Who: Dennis Drayna, PhD

What: Update on Genetic Research on Stuttering

Where: Tokyo/Vancouver

When: 02:45 PM to 04:00 PM

Participants will hear an update on one of the largest ongoing research programs in stuttering, presented by the leader of the project, Dr. Dennis Drayna.

Dr. Drayna is internationally recognized for his abilities to explain complex scientific topics to the public, and for communicating a sense of excitement about new developments in research. Dr. Drayna is Chief, Section on Systems Biology of Communication Disorders National Institute on Deafness and Other Communication Disorders National Institutes of Health, Bethesda, MD.

Saturday Closing Ceremony/Banquet & Auction

Closing Ceremony

Where: Salon B C D
When: 4:15 PM to 05:00 PM

Join fellow NSA conference attendees, young and old, as we bid farewell until next year. This program will include a performance by the NSA kids as well as other heart-warming highlights from this weekend.

6:30 pm - 7:00 pm Cocktail Reception

Dinner Banquet, Live Auction, and Dancing

Who: Fun for All!
What: **This is a pre-paid event.**
Where: Salon BCD
When: 7:00 PM to 01:00 AM



Dine together, Bid to your hearts' content at our live auction, and dance, dance dance! Celebrate the close of NSA 2006 in style with old and new friends, as we dance the night away.



****You must bring your ticket with food selection indicated****





Thursday Family Conference Schedule

Day at a glance:

**Registration
Opens at 8:00am**

10:00 am—10:45am
Family Orientation

10:45 pm - 12:00pm
Kids: Scavenger Hunt
Teens: Ice Breaker
Parents: Ice Breaker

12:00—1:00pm
Lunch on your own

1:15pm—2:30pm
Kids: Famous Kids
Teens: Open Panel
Parents: Roundtable

2:45PM—4:00PM
Kids: Clowning Around
Teens: Environmental Triggers
Parents: Teasing & Bullying

4:15 pm - 5:30 pm
Kids/Parents—Pool Party
Teens -Teaming Event

4:15—5:30 pm
Come meet NSA board members/First Timers

7:00 pm - 11:30 pm
Opening Conference Celebration

Family Orientation (10:00AM - 10:45AM) - Centennial D

Family Workshops (10:45am—12:00pm)

Complete descriptions are provided on page 35.

Facilitator	Workshop Title	Location
Kids	Scavenger Hunt	Melbourne
Teens	Ice Breaker	Barcelona/Casablanca
Parents	Ice Breaker	Centennial A

12:00—1:00pm—Lunch on your own

Family Workshops (1:15 pm - 2:30 pm)

Complete descriptions are provided on page 36 & 37.

Facilitator	Workshop Title	Location
Kids	Famous Kids Who Stutter	Shanghai
Teens	Open Panel	Melbourne
Parents	Opening Roundtable	Barcelona/Casablanca

Family Workshops (2:45 pm - 4:00 pm)

Complete descriptions are provided on page 37 & 38.

Facilitator	Workshop Title	Location
Kids	Clowning Around	Naples
Teens	Environmental Triggers	Shanghai
Parents	Teasing and Bullying	Barcelona/Casablanca

Kids/Parents ~ 4:15PM—5:30PM - Pool Party

Grab your bathing suits we headed to the pool

****PARENTS MUST ACCOMPANY YOUR CHILDREN****

4:15—5:30—**Teen Teaming Event**— Melbourne

First Timers Gathering/ Meet the NSA board of Directors

4:15—5:30—Centennial A

Opening Conference Celebration 7:00—11:30pm
Salon BCD

Thursday Family Conference Schedule

Family Orientation

Who: Debbie Nicolai, Marybeth Allen & Nina Reardon-Reeves
What: Orientation for kids, teens, and parents
Where: Centennial D
When: 10:00am—10:45 am

Meet other families and get acquainted with first time attendees and returning families. The conference program will be discussed as well as the "How to Use this Program" instruction page. There will be plenty of time for socializing, along with questions and answers.

Debbie Nicolai is the proud parent of a teen who stutters, Stephanie. She is Co-Chair of NSA's National Family Programs

Nina Reardon is coordinator of family programs for the Chicago Convention Team.

Marybeth Allen is a new member of the Board of Directors of the NSA and is Co-Chair of NSA's National Family Programs.

Kids: Scavenger Hunt

Who: Tasha Anderson
What: Fun event
Where: Melbourne
When: 10:45 AM to 12:00 PM

Hey kids! Come join our group scavenger hunt for a fun filled afternoon. Prizes will be awarded!

Natasha Anderson, M.S., C.C.C. is a speech-language pathologist with advanced specialty training in stuttering intervention. Natasha is a speech-language pathologist for the UTD Callier Center. She served as a fluency consultant for the Richardson ISD for two years.

Teen Ice Breaker

Who: John McDermott
What: Ice Breaker for Teens
Where: Barcelona/Casablanca
When: 10:45 AM to 12:00 PM

This workshop is one of the most important events that any teen coming to the NSA for the first time can attend. In this workshop teens can feel free to introduce themselves how ever they want. The workshop is only for teens, so they are on there own just like in the real world. But here they are surrounded by teens there age who walk around every day with the same speech disfluency problem as they do. Many new friends will be met and old friends will be united. I really feel that this workshop is very important to the NSA and to the teens who attend it.

John McDermott has been a member of the NSA for over six years now. He now lives in Center City, Philadelphia with my girlfriend. He is a Junior at Temple University, were he is getting his degree in PR. He is an active member of the Philly Chapter and is co-leader of the TWST group that just started up.



Thursday Family Conference Schedule

Parents: Ice Breaker

Who: Family Programs
Where Centennial A
When: 10:45AM to 12:00 PM

Parents join together to share stories and support each others' journeys. Whether you are a veteran parent or a first-timer, this workshop has something for you. Come and join in a workshop designed to help conference parent first-timers and veterans get to know each other in a fun atmosphere.

Kids : Famous Kids Who Stutter Poster

Who: Stephanie Nicolai & Amanda Lara
What: Famous Kids Who Stutter Poster
Where Shanghai
When: 01:15 PM to 02:30 PM

We will be taking pictures of the attendees and making a poster of the them. The poster will be titled, NSA Kids-Famous People Who Stutter. The poster will be unveiled at the closing ceremonies. This workshop will boost the self confidence in the kids and will also allow them to be a part of our "advertising" and they can see themselves on this poster and share it

Stephanie Nicolai is 17 years old and has grown up in the NSA. This is Stephanie's 6th conference and is a 2 year member of the Teen Advisory Council. Steph loves coming to each conference and says, "Just seeing all the laughter, smiles, and even tears from the families gives me the drive and motivation to continue doing what I'm doing." Stephanie feels that the NSA has given her confidence in everything she does.

Amanda recently graduated from Cal State Long Beach with a Master's degree in Speech-Language Pathology. She is currently working as an SLP in the ABC Unified School District. Her sister is Stephanie Nicolai, who gave her the passion to want to be an SLP. She hopes to soon specialize in fluency.

Parents: Opening Roundtable

Who: Martin Nicolai, Marc Rosenbaum & Lois Hare
What: Parents: Opening Parent Roundtable
Where Barcelona/Casablanca
When: 01:15 PM to 02:30 PM

Parents join together for the first time at this conference to share stories and support each other as we travel together in each others journey. This workshop offers something for conference first-timers and veterans.

Martin Nicolai is the proud father of Stephanie, a teen who stutters and one of the NSA Teen Advisory Council members. Martin and his family live in Canyon Lake, California and this is his 6th conference.

Marc Rosenbaum has been a member of the NSA for the past 7 years. Marc is a CPA in Hollywood, Florida and is the proud father of Alex is serves on the Teen Advisory Council.

Lois Hare is from Coral Springs, Florida where she is a secretary and a loving mother to Sean who serves on the Teen Advisory Council. She has been a member of the NSA for the past 5 years and helps whenever she can.

Thursday Family Conference Schedule

Teens: Open Panel Workshop

Who: Cathy Olish, Ryan Bassett & Sarah D'Agostino

What: Empower the teens to hear our stories and see that you can do anything you want despite being a PWS

Where: Melbourne

When: 01:15 PM to 02:30 PM

The teens will have the opportunity to ask questions and have dialogue with the four panel members regarding school, career, relationships, etc. - as it relates to being a person who stutters. The panel members will start by briefly sharing their journey as a person who stutters and how they got to be where they are today (panel members will be sure to touch on subjects of interest to the teens such as school, dating, college, etc.). After a half-hour of open discussions and possibly Q&A, we will break the group into two for further discussion. Cathy and Sarah will lead the female group and Ryan will lead the male group. Topics discussed in these break-outs will be determined by questions and teenage concerns from the teens. Dependent on time, we may come together again for some further Q&A's. This workshop would be similar to the one held last year where the panel consisted of teens who spoke with kids who stutter.

Empower the teens to hear our stories and see that you can do anything you want despite being a PWS. We will take turns sharing our stories and how we got to be where we are today. There will be a Q&A session at the end – this will take up the majority of the time.

Cathy Olish is from Ferndale, Michigan. She has been employed at Ford Motor Company for more than eleven years and presently works as a Human Resource Associate in the Executive Compensation office. She has been an active member of the Royal Oak NSA Chapter for seven years, is Co-Chapter Leader of the NSA Royal Oak TWST group, the chapters website developer, Assistant Editor of Letting GO and the NSA Volunteer Coordinator.

Ryan Bassett is from Anaheim, California and works in construction. He is the Chapter Leader of the Orange County NSA Chapter and was on the Planning Committee for the 2002 NSA Conference.

Sarah D'Agostino is co-leader of the NSA Royal Oak chapter. She is a proud and active stuttering member of the NSA. Sarah has received many forms of stuttering therapy but she attributes much of her positive attitude towards this life long challenge to the NSA. She also volunteers her time to give presentations to University SLP fluency disorder classes in hopes to educate future SLP's about the benefits of the NSA and the personal and emotional situation of stutterer's thought process.

Mark DeBiasio is from Toronto, Canada and has been a member of the NSA for seven years. He regularly attends the Buffalo chapter meetings and is a member of the Canadian Association for PWS (CAPS). He works as a IP Specialist for Bell Canada for six years. Mark is a covert stutterer and did not start opening up about his stuttering until his late twenties. His hobbies include skiing, biking, boating and running.

Kids: Clowning Around

Who: Erin Dyer

What: Clowning Around

Where: Naples

When: 02:45 PM to 04:00 PM

During this workshop, the children will discover the Clown Within themselves! In addition to getting clown faces, they will decide on their clown names and learn some clowning tricks! This is a workshop they won't want to miss! The emphasis will be on fun and not on their speech!

Erin is a professional "care-actor" who first began this alternate career 21 years ago as Kelly the Clown. She has performed numerous workshops with the NSA children over the years, teaching them magic, balloon animal art, and basic clowning skills. In addition, Erin is a Speech/Language Pathologist and Specialist in Fluency Disorders in the Greater Madison area of Wisconsin.

Thursday Family Conference Schedule

Parents: Teasing and Bullying

Who: Bill Murphy & Nina Reardon-Reeves
Where: Barcelona/Casablanca
When: 02:45 PM to 04:00 PM

In this workshop we will discuss the problems they see their children going through. We will share how they have handled such problems and we will share some way parents and SLP's can help reduce or eliminate bullying.

Nina is an SLP from McKinney, TX and a past member of the Board of Directors of the NSA. She currently serves as administrator of Family Programs.

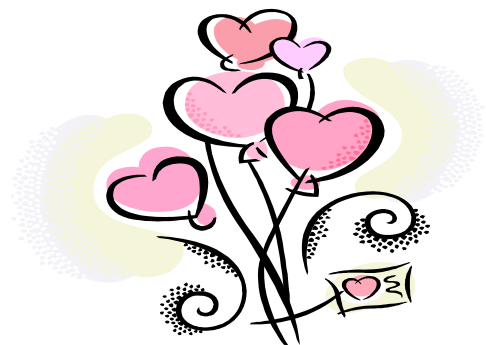
Bill Murphy is a speech language pathologist at Purdue University. He has worked for over 30 years with children and adults who stutter. Bill is a member of the National Stuttering Association and is certified as a Fluency Specialist. He has given numerous state and national presentations regarding the treatment of stuttering. Bill believes that successful stuttering therapy incorporates both the modification of speech behavior as well as emotional and attitudinal changes.

Teens: Environmental Triggers: What Are They and Why Do They Affect My Speech

Who: Sherri Wolff
What: Environmental Triggers: What Are They and Why Do They Affect My Speech
Where: Shanghai
When: 02:45 PM to 04:00 PM

We always hear people that stutter say that "some days are good and some days are bad." Why does this happen? What makes each day different? Learn about the specific day-to-day factors that influence your speech. Learn about what you can do to have a little more control over the factors.

Sherri R. Wolff, M.A., CCC-BRS-FD is a licensed Speech-Language Pathologist specializing in the assessment and treatment of children who stutter. She is also an ASHA Board-Recognized Specialist and Mentor in Fluency Disorders. Sherri is the Clinical Director at the Center For Children Who Stutter located at California State University, Fullerton and she also teaches undergraduate and graduate courses at CSUF. Sherri presents workshops about stuttering to school districts and also presents at a special workshop for children who stutter and their families.



Thursday Family Conference Schedule

First Timers Gathering/Meet the NSA Board of Directors

Who: Vikesh Anand
What: First Timers Gathering/Meet the NSA Board
Where: Centennial A
When: 04:15 PM to 05:30 PM

Come meet other first timers and get acquainted with the busy conference schedule at this fun, lighthearted, informative gathering. It is a great way to meet new people and get your basic conference questions answered. Also you will get a chance to meet the NSA board of directors.

Come introduce yourself and meet the NSA board members.

Teens: Teaming Event—**4:15pm—5:30** Melbourne Room

Which TEEN team is the fastest, strongest, most agile? Which team can think the fastest and problem solve as a group to complete the challenge first?

PARENTS/KIDS—Pool Party

4:15PM—5:30PM

Grab your bathing suit! We are having a pool party!

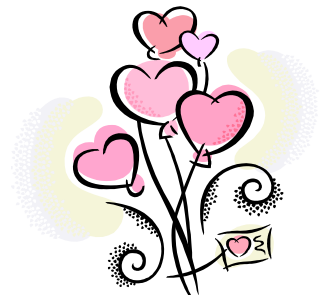
***PARENTS MUST ACCOMPANY THEIR CHILDREN TO THE POOL!

Opening Conference Celebration

What: Thursday night Opening Reception
Where: Salon B, C and D
When: 7:00 PM to 11:30 PM

This evening promises to be full of fun and cheer as we celebrate the opening of NSA 2006, our 23rd Annual Conference. Frankie Jones will be performing.

Light hors d'oeuvres and cash bar. Events include opening remarks by NSA Co-Chairman Michael McDuffie and Joseph Diaz along with the 2006 Long Beach Conference Committee.





Friday Family Conference Schedule

Day at a glance:

Family Workshops (8:30am—9:45am)

8:00am

Registration &
Store open

Complete descriptions are provided on page 41.

Facilitator	Workshop Title	Location
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Kids	Stuttering Heroes	Naples
Teens	What I learned about my stuttering...	Ocean
Parents	Meet the Teen Advisory Council	Melbourne

8:30 am—9:45 am

Kids: Stuttering Heroes
Teens: What I learned
Parents: Meet the TAC

Kids — 10:00—11:45 am Barcelona/Casablanca

10:00—11:00

Kids: Surveys

11:45—1:00 9th Annual Awards Luncheon (Centennial D)

Or Lunch on your own

11:00—11:45am

Having fun w/stuttering

Family Workshops (1:15 pm - 2:30 pm)

Complete descriptions are provided on page 42 & 43

11:45 am - 1:00 pm

Awards Luncheon or
lunch on your own

	Workshop Title	Location
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Kids/Teens	Helping Each Other Grow	Centennial D
Parents	Parents Supporting Parents	Centennial A
Siblings	Everything you wanted to know...	Naples
Teens (18—21)	Stuttering: Braving the College Scene	Melbourne

1:15 pm - 2:30 pm

Kids/Teens—
Helping each other...
Parents—
Supporting Parents
Siblings: Everything you
wanted to know
Teens: (18-21 only)
Braving College

Family Workshops (2:45 pm - 4:30 pm)

Complete descriptions are provided on page 43 & 44.

	Workshop Title	Location
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Kids	Make a memory	Shanghai
Teens	Advertising	Naples
Parents	Ask the Experts	Ocean

2:45 pm—4:00 pm

Kids: Make a memory
Teens: Advertising
Parents: Ask the ex-
perts

For tour information see page 25

TOUR INFO:

See page 25

Friday Family Conference Schedule

Kids: Stuttering Heroes

Who: Amanda Phillips & Marybeth Allen

What: Creating Stories about our Heroes

Where: Naples

When: 08:30 AM to 09:45 AM

Children will create one or more stories in which a child who stutters is the hero or heroine. Children will be encouraged to draw on their own experiences as they create, illustrate, write, act-out, photograph and videotape their stories. Use of episodic story grammar will be facilitated by scaffolding.

Amanda Phillips is a person who stutters. She has stuttered since she was 13 years old. In 2004, she graduated from Curry College with a B.A. in Psychology (general) and a minor in Education (general). Throughout college, she did 4 presentations on stuttering. Since Amanda has graduated, she has been working for a biopharmaceutical company in the Quality Assurance department, sub-department Documentation. So far, she has assisted with six workshops on stuttering, and this NSA national conference is her third one.

Marybeth Allen is a person who stutters, loves her "second career" as a Speech-Language Pathologist and is a Board Recognized Specialist in Fluency Disorders. After working in public schools for many years, she is currently on the part-time faculty of the University of Maine as a lecturer and a clinical supervisor in U Maine's Stuttering Clinic. She also enjoys a small private practice and leads NSA's Eastern Maine Chapter.

Parents: Meet the Teen Advisory Council

Who: Alex Rosenbaum, Brad Sara, Steph Nicolai & Kelly Butcher

What: Parents: Meet the Teen Advisory Council

Where: Melbourne

When: 08:30 AM to 09:45 AM

Meet the Teen leaders of the NSA. Our TAC will discuss issues related to growing up with stuttering and will answer questions from the parents.

Alex Rosenbaum is 18 years old and just finished his senior in High School. He has been a member of the NSA for 7 years and this will be his 7th NSA Conference. This is also his second year on the Teen Advisory Council.

Brad Sara is a senior at Southern Illinois University who is studying automotive technology with a minor in law enforcement. Brad has been a stutterer all of his life. Brad is from the Chicago area of Illinois and this will be his 7th conference.

Stephanie Nicolai is 17 years old and has grown up in the NSA. This is Stephanie's 6th conference and is a 2 year member of the Teen Advisory Council. Steph loves coming to each conference.

Kelly Butcher is 17 and a senior at Midpark High School. This will be her 6 year attending the NSA conferences, and her first year being a member of the TAC.

Teens: What I learned about living with stuttering in my twenties that I wish I knew in my teens

Who: Greg Snyder

What: What I learned about living with stuttering in my twenties that I wish I knew in my teens

Where: Ocean

When: 08:30 AM to 09:45 AM

There is much about stuttering that doesn't make sense; as a result—growing up with stuttering is often confusing, because living with the consequences of stuttering often doesn't make much sense either. Consequently, many people who stutter choose to react to stuttering, and unknowingly allow stuttering to have an unhealthy amount of control over their lives. This workshop will discuss 8 simple truths of life and stuttering, and how recognition and implementation these truths can change and improve the quality of life in people who stutter.

Friday Family Conference Schedule

Kids: Surveys

Who: Amanda Lara
What: Kids: Surveys
Where: Barcelona/Casablanca
When: 10:00 AM to 11:00 AM

Kids will work together to write the questions that they want to ask adults about stuttering and will then go in groups with student clinicians and adults to ask those questions. The kids will then meet and share those answers!

Amanda recently graduated from Cal State Long Beach with a Master's degree in Speech-Language Pathology. She is currently working as an SLP in the ABC Unified School District. Her sister is Stephanie Nicolai, who gave her the passion to want to be an SLP. She hopes to soon specialize in fluency.

Kids: Having fun with Stuttering

Who: Marilee Fini
What: Kids: Having fun with Stuttering
Where: Barcelona/Casablanca
When: 11:00 AM to 11:45am

Let's have fun with our stuttering. How many times are we so scared of our stuttering that we can't even touch it? Through a variety of activities involving stuttering awards, puppets, and markers, kids will have a chance to explore their stuttering in an exciting and safe way.

Marilee is a speech pathologist in Cleveland, OH where she runs her own private practice, MLF Speech Therapy. Marilee regularly presents on the subject of stuttering throughout the U.S to speech pathologists, parents and other professionals. She brings to her workshops, her own personal experiences with stuttering, a deep passion for her work and a sense of humor. Marilee has served as NSA Cleveland Chapter Leader for 8 years.

Parents supporting parents - So we can support our children

Who: Phillip Schneider & Tim Bryant
What: Parents supporting parents - So we can support our children
Where: Centennial A
When: 01:15 PM to 02:30 PM

This workshop is designed specifically for parents. By sharing with, and listening to, other parents, we will realize we are not alone in our parenting. We will experience the comfort and loving support of others who share the unique challenges posed by stuttering.

Dr. Phillip Schneider is Associate Professor of Communication Disorders at Queens College and in private practice for more than 30 years. Phil has been honored to receive the New York State Speech-Language-Hearing Association Distinguished Clinician Award, the New York City Speech-Language- Hearing Association Professional Achievement Award, the Queens College Award for Excellence in Teaching. In 2004 he was named the Speech Pathologist of the Year by the National Stuttering Association and in 2006 he was given the highest honors of the New York State Speech-Language- Hearing Association.

Tim Bryant, is father of a teen, CJ and a member of the Board of Directors of the NSA.

Friday Family Conference Schedule

Kids/Teens: Helping Each Other Grow

Who: Debbie Nicolai

Where: Centennial D

When: 01:15 PM to 02:30 PM

It's time for our NSA Kids and our NSA Teens to come together and have some fun meeting and getting to know each other!!

Siblings: Everything You Always Wanted to Know about Your Sibling's Stuttering but Never Asked

Who: Sherri Wolff

What: Sibling workshop

Where: Naples

When: 01:15pm—2:30pm

Some siblings talk about everything, but sometimes stuttering is the one topic that is rarely discussed. This workshop will discuss some of the facts and principals about stuttering. It will also give you an opportunity to ask questions and to meet other siblings who may have similar questions.

Sherri R. Wolff, M.A., CCC-BRS-FD is a licensed Speech-Language Pathologist specializing in the assessment and treatment of children who stutter. She is also an ASHA Board-Recognized Specialist and Mentor in Fluency Disorders. Sherri is the Clinical Director at the Center For Children Who Stutter located at California State University, Fullerton and she also teaches undergraduate and graduate courses at CSUF. Sherri presents workshops about stuttering to school districts and also presents at a special workshop for children who stutter and their families.

Teens (18—21) only ~ Stuttering: Braving the College Scene

Who: Kevin Murphy, Sam Gennuso, Elana Yudman, Brad Sara

What: Teens (18-21 only)

Where: Melbourne

When: 01:15pm—2:30pm

A free form discussion group to explore social, academic, and career based concerns for ages 18-21. Graduating high school and entering the working world or college is a challenging time for anyone. Stutterers are faced with unique challenges during this transitional phase. This workshop provides a forum for young adults to share common experiences associated with the transition.

Brad Sara is a senior at Southern Illinois University who is studying automotive technology with a minor in law enforcement. Brad has been a stutterer all of his life. Brad is from the Chicago area of Illinois and this will be his 7th conference.

Kevin Murphy has recently graduated from Idaho State University with a B.B.A in Finance. During his undergraduate studies he served on the executive board of a professional business fraternity, completed the ISU Leadership Academy, and interned with an investment banking firm. He is now employed as an Analyst with QHS, LLC in Jackson Hole, Wyoming.

Samantha Gennuso is a 20-year-old student at New York University. She will be a Senior in the Fall, and is majoring in Journalism and Mass Communication with a double minor in Anthropology and Gender Studies. The most important thing for her in dealing with her stuttering is being open about it. This is her fifth convention.

Elana Yudman is 21 years old and recently graduated from Binghamton University in upstate New York with a Bachelor's of Arts in Psychology and Anthropology. In the fall, she will begin a Master's of Science program in Speech-Language Pathology. She loved everything about college, including all the nighters and crazy weekends, and wishes she could go back. This is her sixth NSA conference.

Friday Family Conference Schedule

Kids: Make friends...Make a memory

Who: Sarah & Kelly Butcher

What: Make friends...Make a memory

Where: Shanghai

When: 02:45 PM to 04:30 PM

Kids to introduce themselves and say something positive out themselves. Create visors and picture frames of a favorite memory of the 2006 convention. Possible game if time. It will give the kids a chance to get to know each other and meet others who share something in common with them.

Sarah Butcher lives in Ohio with her Mom, Sally Peterson. She has grown up around stuttering and has been involved in the Cleveland Chapter. Sarah is a sophomore at Cleveland State University. She received the Presidential Scholarship which will pay for her full undergraduate degree. Sarah plans on becoming a nurse.

Kelly Butcher is 17 and a senior at Midpark High School. At school she is involved in her show choir, symphonic choir, and was involved in her school musical Brigadoon. This will be her 3rd year playing for the varsity tennis team. She is involved in her church youth group and sings for the worship band. This will be her 6 year attending the NSA conferences, and her first year being a member of the TAC.

Teens: Advertising

Who: Brad Sara

What: Interactive workshop

Where: Naples

When: 02:45 PM to 04:30 PM

This workshop teaches and promotes advertising, which helps you accept stuttering while overcoming the fears associated with stuttering.

Brad Sara is a senior at Southern Illinois University who is studying automotive technology with a minor in law enforcement. Brad has been a stutterer all of his life. Brad is from the Chicago area of Illinois and this will be his 7th conference.

Parents: Ask the Experts

Who: John Tetnowski & Nina Reardon-Reeves

What: Relaxed conversation for parents

Where: Ocean

When: 02:45 PM to 04:30 PM

This session will be an open discussion concerning the issues of raising a child who stutters, different types of speech therapy that children have been involved with, child self-esteem issues, how children are dealing with peer pressure, how effective are schools with speech therapy and many other issues relating to raising a happy and emotionally healthy child. Parents are encouraged to share their personal experiences in an informal setting. Come to talk with our panel of experts in the area of stuttering. Questions and answers are the order of the day, here.

John Tetnowski is the Ben Blanco Endowed Professor in Communication Disorders at the University of Louisiana at Lafayette. He is a Board Recognized Fluency Specialist and Mentor and has treated PWS for almost 20 years. He has written and presented extensively in the areas of fluency and assessment.

Nina is an SLP from McKinney, TX and a past member of the Board of Directors of the NSA. She currently serves as administrator of Family Programs.

*Be sure to get purchase
your ticket for the
Saturday night banquet.*

*There will also be a Live
auction and Dancing !*



*Tickets can be
purchased until
noon on Saturday.*



Saturday Family Conference Schedule

Day at a glance:

Family Workshops (8:30 am - 9:45 am)

Complete descriptions are provided on page 47.

8:00am
Registration/Store
Open

	Workshop Title	Location
Kids	How to do a stuttering presentation	Melbourne
Teens	Learn how to Juggle	Centennial A
Parents	Understand the stuttering experience..	Barcelona/Casablanca

8:30 am—9:45 am

Kids: Stuttering presentation

Teens: Juggle

Parents: Stuttering Experience

Kids— 10:00—11:45am California Dreamin' - Centennial A

Teens & Parents

General Session -(10:00 am—11:45am)
Salon BCD

10:00 am - 11:45am

Kids: California Dreamin'
Teens/Parents: General Session

Family Workshops (1:15 pm - 2:30 pm)

Complete descriptions are provided on page 48.

11:45am—1:00 pm

Lunch on your own

	Workshop Title	Location
Kids	10 great things about me	Naples
Teens	California Dreamin'	Melbourne
Parents	Learn how to stutter	Centennial A

1:15 pm—2:30 pm

Kids: 10 great things..
Teens: California Dreamin'
Parents: Learn to Stutter

Family Workshops (2:45 pm - 4:00 pm)

Complete descriptions are provided on page 49.

2:45 pm—4:00 pm

Kids: Practice w/Frankie
Teens: Open Microphone
Parents: Roundtable

	Workshop Title	Location
Kids	Let's Get Ready	Melbourne
Teens	Open Microphone	Centennial D
Parents	Closing Parent Roundtable	Centennial A

4:15 pm—5:00 pm

Closing Ceremony

6:30 pm - 7:00 pm

Evening Reception

7:00 pm - 1:00 am

Banquet & Auction

Saturday Family Conference Schedule

Kids: How to do a stuttering presentation

Who: Teen Advisory Council

What: How to do a stuttering presentation

Where: Melbourne

When: 08:30 AM to 09:45 AM

The TAC members will show the kids how to do a presentation about stuttering. They will see examples from previous presentations of NSA teens and learn how to find information for their presentation and how to approach an adult about doing the presentation.

Kelly Butcher is 17 and a senior at Midpark High School. At school she is involved in her show choir, symphonic choir, and was involved in her school musical Brigadoon. This will be her 6 year attending the NSA conferences, and her first year being a member of the TAC.

Sean Hare lives in Coral Springs, Florida. This Fall he will be starting his freshman year at Stetson University in DeLand, Florida and will be majoring in marine biology. Sean has attended the last five conference and this is his first year as a TAC member.

Stephanie Nicolai is 17 years old and has grown up in the NSA. This is Stephanie's 6th conference and is a 2 year member of the Teen Advisory Council.

Alex Rosenbaum is 18 years old and just finished his senior in High School. He has been a member of the NSA for 7 years and this will be his 7th NSA Conference. This is also his second year on the Teen Advisory Council.

Teens: Learn how to "Juggle" your feelings

Who: Gail Wilson Lew

What: Teens: Learn how to "Juggle" your feelings

Where: Centennial A

When: 08:30 AM to 09:45 AM

Teens who want to have fun in exploring different ways in reacting to being teased and who want to express how they feel about their stuttering by writing or drawing how they feel. Do you want to impress your friends? Come learn how to juggle.

Gail is an SLP in the Los Angeles area and a past board member of the NSA.

Parents: Understanding the Stuttering Experience: An Introduction for Parents, Spouses, and Significant Others of People who Stutter

Who: Joe Klein

What: An Introduction for Parents, Spouses, and Significant Others of People

Where: Barcelona/Casablanca

When: 08:30 AM to 09:45 AM

To understand stuttering is to understand that the problems of stuttering are less about speech, and more about the social consequences of living with stuttering in a fast-paced society that is often insensitive or ignorant to the issues of stuttering. This workshop will discuss common issues associated with growing up as a child who stutters, and the impact that these issues have on the individual who lives with a communication disorder. A directed group discussion will then focus on education, advocacy, support, and other issues that research suggests may improve the quality of life of children and adults who stutter.

Joe Klein is a person who stutters and an assistant professor in communication sciences and disorders at The College of St. Rose in Albany, NY. Joe supervises therapy for people who stutter and teaches classes in fluency disorders. Joe lives in Albany, NY with his wife, Holly, and two children, Zachary and Greta.

Greg Snyder, an NSA member since 1997 is an Assistant Professor in the Department of Communicative Disorders at the University of Mississippi, co-editor of The Journal of Stuttering Therapy, Advocacy and Research, and is also a person who stutters.

Saturday Family Conference Schedule

Kids: California Dreamin'

Who: Marybeth Allen & Nina Reardon-Reeves
What: Teens: California Dreamin'
Where: Centennial A
When: 10:00 AM to 11:45AM

Everyone has dreams, don't let them get away! Come to this workshop and let's make a dream catcher to catch them and keep them! We will talk about our dreams and our goals, then we will make dream catchers to make sure that they never get away from us

Kids: 10 Great Things about me

Who: John Tetnowski
What: You are special!
Where: Naples
When: 01:15 PM to 02:30 PM
Find your unique qualities that make you special!

John Tetnowski is the Ben Blanco Endowed Professor in Communication Disorders at the University of Louisiana at Lafayette. He is a Board Recognized Fluency Specialist and Mentor and has treated PWS for almost 20 years. He has written and presented extensively in the areas of fluency and assessment.

Nina is an SLP from McKinney, TX and a past member of the Board of Directors of the NSA. She currently serves as administrator of Family Programs.

Parents: Learn how to stutter

Who: Elaine Saitta & Lee Reeves
What: Parents: Learn how to stutter
Where: Centennial A
When: 01:15 PM to 02:30 PM

Parents learn to stutter and live the experience of stuttering as they support each other in this challenging, inspiring and thoughtful workshop.

Elaine Saitta is from Seattle, Washington and has been an active member of the National Stuttering Association for many years. She currently is on the NSA Board of Directors. She is not only a person who stutters, but also an SLP who continues to work on accepting her stuttering and being open with others.

Dr. Reeves is a veterinarian and owns an animal hospital in Plano Texas. He is also a person who stutters and has been involved in the stuttering community for over 25 years serving 6 of those years as Chairman of the Board of the National Stuttering Association.

Teens: California Dreamin'

Who: Sarah D'Agostino
What: California Dreamin'
Where: Melbourne
When: 1:15—2:30pm

Come join us as we talk about our dreams and hopes for ourselves. We will be talking about our dreams and then we will get creative as we work on our special California Dreamin' project for the closing ceremony.

Sarah D'Agostino is co-leader of the NSA Royal Oak chapter. She is a proud and active stuttering member of the NSA.

Saturday Family Conference Schedule

Kids: Let's Get Ready

Who: Marybeth Allen & Nina Reardon-Reeves

What: Prep for Closing

Where: Melbourne

When: 02:45 PM to 04:00 PM

Let's get ready for the Closing Ceremonies!! We will be working together to make this a Closing Ceremony that no one will forget!

Teens: Open Microphone

Who: Frankie Jones

What: Teens: Open Microphone

Where: Centennial D

When: 02:45 PM to 04:00 PM

Teens come together and share past experiences, conference experiences and whatever else that they would like to share. A teen with a microphone promises to be a very moving, heartfelt closing to this conference for the teens.

Frankie Jones is a music producer living who has touched many hearts with his electrical performance across the country - his empowering workshops with children have been a sight to see at previous conferences. He has created one of the only CD's ever dedicated to people who stutter.

Parents: Closing Parent Roundtable

Who: Debbie Nicolai

What: Parents: Closing Roundtable

Where: Centennial A

When: 02:45 PM to 04:00 PM

Parents come together for the last time at this conference to share what we have all learned and felt during our journey together over the past three days

Debbie Nicolai is a proud Mom of a teen who stutters, Stephanie and Amanda an SLP. Debbie and her family live in Canyon Lake, California and is co-chair of the Family Programs. This is the Nicolai family's 6th conference.

Closing Ceremony

Where: Salon BCD

When: 4:15 PM to 05:00 PM

Dinner Banquet, Live Auction, and Dancing

6:30 pm - 7:00 pm Cocktail Reception

Who: Fun for All!

What: **This is a pre-paid event.**

Where: Salon BCD

When: 7:00 PM to 1:00 AM

Dine together, Bid to your hearts' content at our live auction, and dance, dance dance! Celebrate the close of NSA 2006 in style with old and new friends, as we dance the night away.



Information on NSA 2007 Conference

*Be sure to mark your calendars now for
June 28—July 1st, 2007*

*We will be in Atlanta, Georgia at the fabulous
Sheraton Atlanta.*

*Room Rates:
\$129 single/double/triple/quad*

Centrally located in the heart of downtown, the Sheraton Atlanta Hotel boasts an award-winning design, made even fresher with a recent \$35 million renovation. We are conveniently located near Atlanta's popular restaurants and a wide array of shopping venues. Many area attractions are only blocks away, including the Georgia World Congress Center, Peachtree Center, Philips Arena, and the Jimmy Carter Library Museum. All guest rooms feature a host of modern amenities and Wireless High Speed Internet Access is also available for a daily fee.

